



# MPR & QUAD EXPECTATIONS

## R

**Responsible**

- Throw away your trash
- Keep food in appropriate eating areas
- Ask for assistance if needed

## O

**Open-Minded**

- Welcome others to join you
- Use appropriate volume and language
- Encourage conversation

## A

**Ambitious**

- Leave your surroundings better than you found them
- Take only what you need
- Be open to trying new foods

## R

**Respectful**

- Clean up your eating area before you leave
- Show gratitude to nutrition workers and staff
- Wait patiently in line

**Stay hungry Lions and don't forget to ROAR!**