



At Eisenhower Clouds Do Have a Silver Lining

(Don't miss "What's RIGHT With Ike" on pages 4 and 5)

Photo by Gene Hempenius. Taken on the EHS campus, south of the library looking west.

Keegan To Be 'Principal' Target at Mardi Gras

By GELI MUNSON

time or another, felt the urge to specializes in reading palms. She the "racing board" and the will be awarded by the French throw something at a member of will be available all evening for contestants will have five minutes club for the best costume. Ike's faculty, your chance has finally come. Tonight, American Field Service club will be sponsoring a sponge-throw-atthe-faculty, with Mr. Albert Keegan as the "star target."

Other "targets" will be Mr. Charles Zupanic, counselor, and Mr. John Knippel, health/dr. ed. teacher, to name a few.

Another major attraction at ζ tonight's Mardi Gras will be a snail 4 race, sponsored by the French club. For 20 cents, anyone can pick a snail from a box of ten, and race it against someone else's.

News Briefs

Casts for three spring plays Speech Region debate prelim, started last week.

The one-act plays are Ugly Duckling by A.A. Milne, Masque of the Red Death, adapted from Edgar Allen Poe, and Taming of the Shrew

Cast members for the Ugly Duckling are Russ Sterger, Cindy Lockwood, Robyn Lyon, Bill Wilkin, Charlotte Carpenter, Ron will begin at 8 a.m. and the Patterson, Jim Moore, Chris tournament rounds will start at 9. Potter, Mike Greenberg, Julie Tabler and Pam Kleinbrink.

Appearing in the Masque of the Red Death are Connie Carlton, Em Moultrie, Joe York, Rosey Thomas, Bob Pelchy and John Smaha

Taming of the Shrew cast preparation of the food. includes Bill Ctreeley, Belinda Syndi Prater, Laurey Tanquay, morning lions club and evening Robert Johns and Patty Connors.

There were many eligible actors, according to Mr. Paula Ervin, who will be directing all each other in a few weeks. three plays.

Ugly Duckling will be somewhat of a comedy and the two others are dramatic. Costumes will be handled by Dale Simon, Vince McEnerney, Charlotte Carpenter and Belinda Casas.

Max Patrick and Steve Vaughn are in charge of the sets. The spring plays will be presented March 28 thru 31.

Scholarships Available

The State Scholarship and Loan Grad Wheels Commission this week announced the first opening of competition **Back To EHS** for the occupational education and training grants.

Occupational grants are primarily for financially needy students who desire to become shortage occupations. The program is intended for high school graduates that show aptitude and desire to pursue an education or training program of 6 months to 2 years in duration.

Applications are available in the Career Education Center in E-6.

Completed applications must be submitted to the State Scholarship and Loan Commission prior to midnight April 13, at 1410 Fifth Street, Sacramento, California 95814.

EHS Hosts Tourney

Tomorrow Bob Buckles and schools in the Eisenhower p.m. in the gym. cafeteria.

For all those who have, at one French fortune teller, who snail. The snails will be placed on who come in costume, and a prize



Drama Announces Three

have been selected. Rehearsals where winners will move on to state competition.

> Members of the tournament are going to be dabating about the nationwide topic "Concerning the Funding of Education," according to Mr. Leon McGarrah, debate

Registration for the competitors

Although the debates will continue all day, a lunch break will be given. Individuals will have the opportunity to purchase their lunch in Ike's cafeteria as plans have been made for

Margaret Metz and Bob Casas, Regina Mower, Bob Cox, Buckles recently place first in the lions club respectively.

They will be competing against

Ping Pong Planned

A faculty ping pong tournament is being planned by Mr. Leon McGarrah.

The tournament will be held in rooms K-2 and K-4 and will include three divisions, single novice, single advanced, and mixed doubles.

No date has been set yet.

Danny Matern, a 1968 Ike graduate, will return to his alma mater tomorrow night, accompanied by his team mates, the Long Beach Flying Wheels, a technically skilled in certain basketball team made up entirely of paraplegics, persons who are paralyzed from the waist down.

> Meeting the team in wheelchairs will be members of the student body, and even KFXM dj's. All players will be in wheelchairs.

Matern became a paraplegic after he was involved in an auto accident. Confined to a wheelchair, he became interested in basketball. He joined the Flying Wheels in 1971 and has traveled with them all over the United States. He is in charge of getting his team to the games and ready to face a tough night's work.

Matern is an alternate on the Susan Davey will represent Ike in a team but will definitely be playing debate tournament hosting 50 other tomorrow night. The game is at 7

Judi Glaubig has made all the The tournament is a Citrus Belt arrangements at EHS. It is decide issues their merit."

Also sponsored by the French those who wish to consult her.

club will be Mme. Clairvoyante, a Other attractions will include refund will be given to all those to try and coax their snail to move from one end of the board to the cascarones, and the chance to buy other. The prize for a first time a swing at a pinata, all sponsored winner will be something small, by the Spanish club. like a box of stationery, but the more races a person wins, the be the crowning of the king and better the prize will be, according queen of the Mardi Gras by AFS. o Theresa Stryker, president of the French club

> Whoever finds a nut in his or her cupcake will automatically become royalty and will be able to chose someone to share the

> The Mardi Gras begins at 8 tonight and lasts until 11. The cost will be \$1 without an ASB card,

One Act Plays

sponsored by the Associated Student Body

The Flying Wheels will be traveling to regional play-offs after they leave here in an attempt to become the national champs. They now hold the title of regional champs of Southern California.

Dates Set		
March 9	Mardi Gras	8 p.m.
March 10	Flying Wheels	8 p.m.
March 14	Senior Class Picture 9:3	0 a.m.
March 19	Folklorice Mexicano 1:	
March 24	Atana Aloha	8 p.m.
larch 26-30	Mid semester exams	
larch 28-31	Drama production	
larch 30	End of third	quarter

and 75 cents with. A 25 cent dancing will be provided.

the dance contest, Spanish food,

The highlight of the evening will

The "Glass Cage," the group that played at last year's Mardi Gras, will be featured and a space for

Visitors Keep Ike In Suspense

By BRIAN SEEMAN Although no official word will be received for a week or more concerning Eisenhower's overall rating, there seems to be a positive feeling among those who heard the report of the accreditation committee to the faculty last week.

Committee members from the Western Association of Schools and Colleges, who spent three days on campus evaluating every aspect of the educational program at Ike, divided their reports into two sections: commendations for "good things" about EHS and recommendations for changes that should be made.

In most areas the commendations at least equaled the recommendations.

A prepared list of these suggestions and will be available when the final rating is received, according to Mr. Al Keegan, principal.

Mr. Keegan added that he felt the committee was "very impressed with the hospitality and friendliness of the staff."

The theme this year is "Montmartre," which is the artists' section of Paris. And going along with the theme, the French club has invited a professional French artist to come and do portraits and caricatures.

The Mardi Gras will be open to all, couples and singles alike. Thomas Patterson, Spanish club vice president, alternate an invitation to all "to come and just have fun.³

Mr. George Foster, English department chairman and Ike's accreditation chairman. commented that the committee seemed "pleased with the campus.

"I was very pleased with the students' conduct and their overall cooperation," Mr. Foster added. "I hope that many students had the opportunity to talk to the committee members.

Mr. Foster said he was basically pleased with the makeup of the committee and the insight it showed toward EHS.

Clyde Derrick, student committee chairman, says that he felt that "a lot of stuff was set up, like the custodians were working really hard. They usually aren't working that hard."

But Clyde said the student committee was "really honest."

The accreditation committee was "really impressed with Eisenhower," according to Clyde.

Presented here are pictures of

Alan Battaglia

ight-of-way pecialist: "The

tudents in ou

district deserve the

the candidates and a key

Candidates Voice Opinions

Twelve candidates have filed April 17 election. for three seats on the Rialto March 18 is the deadline for school board to be filled in the registering to vote.



John Mejia,

am running in interest of

average man and his family. I feel we

must make the

board aware of it

the minority groups

socialogical

James Tanner

teacher: "It would be

valuable to have a member on the

school board with

experience in the

school. I have no

ideas to any interest group in Rialto, and

would be able

Sherri Adams Rialto police dispatcher: "I

ieve it would be

arents, teachers,

nd most of all, udents, in the

strict to bring ome of the oblems into the

lear so we can

ork on them

-

the interest of

Longhetti criminalist

(incumbent): "The board needs

stability to see that

the kids get the best education that

meets their needs

backgrounds.





statement made by each.









ntelligence ost important Almaraz, instructor at Norton AFB: "I



9660 SIERRA 823-4338

for four years.









George Mike Radcliffe erry, city dministrative ROR director: "Kid: should be entitled to education. I can assistant: "I'm haturally give a great deal of concerned about he quality of education, not time and concern.

nly as a parent ut also as a





EAGLE'S EYE WRITERS, from left, Kirk Pierziina, Laurie Greene, Mike Hiatt, Bev Kling, Laura Gordon and Brian Trimbreth, admire trophies won at the On the Spot Write-Off Saturday. Not pictured but winning was Brian Seeman.

make it a life time career.

In junior high she was in a

group of four girls called Saturday

Sunshine for three years. Daline

started with the band called

With a little help from the

The first place the group played

was at a "small and cheap" club,

great feeling for all." The band is

made up of five guys and Daline.

The instruments include a lead

Big Time **Daline Jones Makes**

By DEBBIE JIMENEZ

"Drunks cause me more problems than anything else," says Ike junior, Daline Jones, of her job as singer and dancer at several local night clubs.

Coping with drunks is definitely an "occupational hazard," Daline laughed. She says the funniest thing that really ever happens is that the people (especially old men) when they drink a little too Cloudy Day last July and still much, begin thinking they're plays in this group. great dancers and loverboys!

She says she used to be drummer," she says she worked embarrassed and get upset when her way in. Comments are that the the men would talk and flirt with group has "really improved since her, but now she has learned to the new singer and organ player look over it as just a part of her have been in." job. "Most times though," she explained, "when the situation gets too difficult like when they but Daline says "it was still a are trying to pull me off stage, one of the guys in the band will tell them to knock it off."

In spite of this one draw back, guitar, bass, drums, organ and Daline says she still loves electric congas. entertaining and honestly wants to They play all types of music,

John Receives Great POW Surprise

on TV was an eventful occasion for coming home. all, but for John Rodriguez, Ike senior, it brought an unexpected surprise. It brother who was believed to be dead

Air Force Lieutenant Robert ago on his first flight across the Pacific also at the base. Ocean. At that time he was seventeen. A sargent informed the Rodriguez idea that he was dead, never receiving John. any information to believe otherwise. A month ago, while "waiting for the sports to come on the news" John said he heard his brother's name on the list of returning POW's. "At first I couldn't believe it." John said. He rounded up his family, switched to other stations where there was POW coverage, and sure enough, it was

FONTANA

Hearing the list of returning POW's Lieutenant Robert Rodriguez that was

The next day, a military official called John's family to inform them brought the name of John's POW when Robert was coming home. A week later they saw him step off a plane at March Air Force Base to be taken to an L.A. Hospital. The girl Rodriguez was shot down four years who had Robert's POW bracelet was

On Feb. 26, 50-pounds thinner, he was home for good. He has not yet family of the crash, and that he was talked about his experiences as a believed to be dead or captured. For prisoner of war, and at the present "all four years the family lived with the he does is sleep and eat," according to

ranging from hard rock, to soul to Daline's singing career began at westerns to the contemporary Bemis elementary school. She things heard on the radio. Now was in chorus in fifth and sixth the band plays on weekends in the grade and often sang for P.T.A. mountains and have several Programs and other school choral summer contracts scheduled.

> "The money is nice," said Daline. "I make more money working just on weekends than many people make working all audience. That brings the biggest everyone else. satisfaction.'

Daline gives credit to her



DALINE JONES practices for a weekend show

March 9, 1973 EAGLE'S EYE Page 3 **Journalists Place Highest** In Write Off Competition

presentation for the competition

Kling for features and Mike Hiatt,

sports. The topic for the features

was witchcraft, and in sports it

dealt with the Valley College

Others who placed in the

competition were Brian Seeman,

news; Laura Gordon, features;

Each of the seven who place are

now eligible to participate in the

Southern California competition at

The local write off is sponsored

each year by San Bernardino

Valley College and the Inland

Association. Only ten writer from

each school are allowed to

participate. The ten from

Eisenhower are chosen on the

basis of the number of inches they

have published in the Eagle's

Eye. Cathie Bruton, editor, led the

list with 243 inches since

Others who qualified were Beck

Gilleland and Linda Taylor.

Oualifying but unable to attend the

write off because of conflicting

sports events were Dave Peck,

writers and the honors they won,'

commented Mrs. Jovce Miller.

Eagle's Eye advisor. "We've won

newspaper, and now we've won for

the good writing of the individual

journalist. That's a good

sweepstakes awards for our overall

"We are proud of our good

Richard Martin and John Mace.

Education

and Kirk Pierzina, sports.

Hawthorne on April 28.

Journalism

September.

combination.

Other trophy winners were Bev

was drug abuse.

baseball program.

By BRUCE LIZOTTE category. The subject of the

Eagle's Eye staff members and reporters won more individual awards than any of the other 40 schools attending the annual on-the-spot "write off" competition Saturday.

Besides seven individual trophies and certificates, the group brought home the first place sweepstakes honor trophy.

Laurie Greene, editorial page editor of the Eagle's Eye took the highest honor with first place in the editorial category. She received a gold trophy and a cash award.

More than sixty student journalists from throughout San Bernardino County were competing in each category: editorial, news, features and

Brian Trimbath, won fifth place

Show

mother for getting her started in her musical career. "If it weren't for my mother, I probably wouldn't even be doing what I'm doing," she said. "She gave me the chance to do it because she knew that it was what I really wanted.

Daline added that, "Even though when I'm on the stage, week long. But the best reward is I'm the star, at home I'm just 16 just the response from the and have to do things just like

Parents Request More Info

Lack of information about school activities and programs has been a major concern of parents attending recent community relations programs, according to Ike's principal, Albert J. Keegan.

Some of the ideas suggested by parents to improve communication included a district newsletter to be mailed to the homes monthly during the school year, mailing senior journals to all senior parents, more news stories about EHS and its programs in the local papers.

Parents also indicated that they would like to have more information about clubs and the Girls Athletic Association in the student handbook.

that extra copies of the Eagle's Eye be distributed to local businesses, and subscriptions be sold to parents since "kids

never bring the paper home."

A meeting was held Tuesday with Mr. Keegan, Walt Wohlers, Harold Kinser, Helen Dollahan, Jeff Perkins and Joyce Miller to discuss improving communication with the public

Four additional community relation meetings are scheduled during the coming month. They are Tuesday, March 13, at the home of Mr. and Mrs. John Evans, 1629 N. Lilac (875-5669); Wednesday, March 21, Mr. and Mrs. Burkett, 2782 Etiwanda (875-0364); Wednesday, March 28, Mr. and Mrs. Dick Boess, 190 E. Winchester (875-6266); and Wednesday, April 4, Mr. and The parents also requested Mrs. Mike Sanzone, 732 N. Sycamore (875-3076).



and a trophy also in the editorial

Enthusiastic Eisenhower Students Express What's Right With Ike!

What's RIGHT with Ike?

Journalism students this week took a serious look at the positive attributes of Eisenhower High School. They came up with quite a list.

Work Experience

Work experience is one of the greatest assets of EHS since it is set up primarily for those who are not planning to go to college.

At the beginning of each new class, students hear teachers explain, "As your teacher, I am going to try to prepare you for college.

In work experience the student is, more practically, helped to prepare him for life. The program is built on an arrangement whereby a student has a job which also earns credits towards graduation.

The work experience office also helps the student find a job. One or two hours of work is required each quarter outside the job to earn five credits.

If you are one of those students who plans to graduate but does not plan to go on to college, and if you're sick of being "prepared for college," go by the work experience office in E-6 and take advantage of one of the "right things" on campus.

- Bret Meacham

No Dress Code

What's right with Ike is freedom. We have freedom of speech and press, and we also have freedom of dress.

The code used to tell the young ladies exactly how long to wear their dresses, and young men how long they could wear their hair. Sometimes the code allowed the girls' skirts to be as short as 4 inches above the knee, and they were allowed to wear nylons when they reached the eleventh grade. For boys, hair could be as long as three or four inches from the scalp, but sideburns could not be past the ear lobes, and very seldom did they wear beards or mustaches. Today students have the greatest

privilege of all: freedom, especially freedom of dress. Girls today are allowed to go bare-legged, wear sandals, pants, back-out blouses, bra-less blouses and dresses as short as they please. Young men wear their hair as long as ten inches from the scalp or longer. Mustaches and beards are also popular. Boys used to have to wear tees with clean pressed shirts. Today, a T-shirt will do. Tennis shoes even without socks and holy Levis are not only comfortable for wearing around the house, but also for wearing around the classroom.

— Phyl Henderson



IKE'S SPIRIT reaches home, as well as the football field.

Custodians

Students would be uncomfortable at Ike if it weren't for the custodians, who often stay past midnight to keep the school and grounds in good shape. Custodians at Ike are always willing

to do almost anything for a student who needs help. Probably the best thing about custodians are that we never hear them

complaining about others concerned with the school. At least one of the ten custodians at

Ike is almost always available. They keep up the sites of sports

activities and almost always have them ready for a coming event. Custodians are very seldom

recognized for their good work at Ike. The school would be a disaster area without them, and their work would be

placed on the students and faculty, who

probably would do a bad job of it. -Mike Haney

Class Selection

Eisenhower has a good selection in classes. Remember in junior high, you had to take seven classes all three years. You also didn't get a very good selection in electives. Now you have a choice of how many classes you take. In your sophomore year the required amount of classes is only five and in your junior and senior year, the required amount is only four. You also get a choice of what you take in English, there are many selections from which to choose.

-Joan LeClerc Music

I think the best thing about EHS is that when you walk into your class and think it is going to be the same old boring quiet class, your teacher has the room filled with music from someone's radio or over the PA system, not the type you may listen to at home, but some really good music.

Some teachers think it will disturb and interrupt the line of thinking but it really doesn't. It keeps a natural quiet because everyone is listening to the music and doing work, not making a hassle with the guy next to him or having spit wads fly across the room.

—Starri Knight All That Larnin'

The main and most important aspect of Eisenhower is that it houses a system of education.

Education at a high school level is one of the most necessary things a person could have in today's society. And Eisenhower provides people with that education.

The educational system at Ike (or even or district) may be far from perfect, but I don't know of any school that has found a system that is anywhere near the mark of perfection.

-Elizabeth Migliore

Right To Criticize

A natural tendency among most people is to take things for granted. No matter how hard you try, it is almost impossible to make a person appreciate something that he believe he should have just by being here.

For example, a student at Ike more than likely feels it is for him to decide what type of clothes he wears. If suddenly he is no longer allowed to wear his style clothes, he will protest.

But as long as he is allowed to go along and wear what kind of clothes he wants, it is doubtful he will praise the people who wrote or did away the dress code.

Of course, this matter doesn't pertain solely to rights and the example may be poor, none the less, the point is unquestionable.

When people criticize the policies or procedures of Eisenhower or any institution or person, hopefully they are not doing so just for the attention or just to degrade someone.

If a person does criticize for these reasons he will easily be spotted.

It is difficult to make a list of the things that are right with Eisenhower not because there are so few but because the privileges or whatever they may be, are here and students feel the things they already have, are theirs to keep.

The students feel no one should be able to denv them these things they have, because they attend Ike.

Certainly the rights outnumber the wrongs at this school and anyone not capable of seeing that is beyond hope.

One of the most important things right is that the students as individuals can stand up and criticize the wrongs. Criticism can be constructive when

accompanied by much thought, and a few suggestions for something better.

There will always be critics because critics are here to improve. Cynics are the ones you have to watch out for. — Brian Trimbath

Cafeteria

The food selection in the Eisenhower cafeteria is great

There are four different lines moving along the food selections so you don't waste half the period waiting in line. Also the snack bar offers quick things like hamburgers. -Steve Molzahn

School Hours

The best thing about Eisenhower is the time when the school day begins and ends.

"Early to rise" is supposed to make a person "healthy, wealthy, and wise." Anyhow, it's good to start the day at 7:40, and even better to end it at 2:20! You have most of the afternoon to do things you might enjoy more than going to school.

-Linda Henslev











a winning team.

upset.

all the time.

Students

Students are what's right at Eisenhower High! If it weren't for the students this place

wouldn't have even been planned. -Scott Lyon

Open Campus

Open campus is what's right with Ike. It gives you a chance to go off campus during lunch instead of eating at school

You feel "free." You don't feel "caged in," and for people who smoke, open campus allows them to go off campus to smoke and not try to sneak around and smoke on campus.

-Karen Clegg

Mrs. Mahoney

An outstanding teacher in the EHS math department is Mrs. Wanda Mahoney.

She is a dedicated teacher who will help you in class, as well as after school, and REALLY help you until you understand.

She doesn't approve of goof-offs, but there is always some fun in her class. -Robb Bourland

Flexible Schedules

At EHS you can arrange your schedule around your job. It is possible to get all your credits in and have a good job at the same time.

-Rod Welker



STUDENTS ENJOY the relaxed casual atmosphere of open campus.

School Spirit

One item Eisenhower should be commended on is the school spirit at

EHS has not won league championships or even come very close to them in either basketball or football lately. But Eisenhower always has a large turn-out at games.

We usual have as large or larger a crowd as the opposing team even at away games. One of the few schools that possibly has a bigger turn-out constantly is Redlands High School, but you must remember, they are constantly

It is much easier to go and watch a team always win than lose.

Possibly Eisenhower students turn-out in large numbers to watch the upset happen. And a big turn-out is just what it takes to help cheer on a team to an

-Greg Douglas

Interest in Library

One of the positive traits of the Eisenhower student body is the ever-popular use of the school library. No matter what time of the dat it is,

there are always students using the library During both lunches for example, students come into the library to read, study, or use the library's materials. They do this in spite of the fact that they could just as well spend their time elsewhere. The students show that they take an interest in using the school library. In fact, rules have been made to try to eliminate any over-crowdedness, and still the library is always full of students.

The school library is a place where no student is forced to go. This shows that students DO cared and DO want to learn on their own, instead of depending solely on someone else telling them what to do.

-Brady Rubidoux



WHETHER RAIN OR SHINE, lke's two pools are used continually all year.

Small Class

Having only 17 students in a fifth period history class is one of the most "right" things on Ike's campus.

Instead of the usual 35 students stuffed into one classroom, with hardly any personal contact with the teacher, students now have the opportunity to

discuss their options with their instructor. The teacher has more time to help the individual. He can write more comments on written work to help you understand the subject matter better. Class discussions are more frequent.

The noise is greatly decreased, making it easier to work and study. Linda Tavlor

Counselors

The counselors at Eisenhower are nice, and they treat students right. They show concern and try to help students in any way they can.

-Kris Cessford

Freedom of Press Continues

It is only natural, and right that the students at Ike can express themselves freely through the newspaper. Many articles that are submitted to the staff are printed verbatim.

This right is one that must be defended. Hopefully the day will never come to J-3 when mandates are handed down from the head office.

Censorship is an ugly element of journalism when it slants the truth to make it seem more appealing.

Often the truth is not pleasant or appealing, but it is the controversial story that journalists feel most compelled to write. Failures, accidents, and scandals, usually appearing on the front page are printed not only to catch the readers' attention, but to inform him, as well. Human nature seems to adore these types of articles.

Some people have become critical of the Eagle's Eye, because of a number of derogatory articles which it is famous for printing.

It is the newspaper's function to inform its readers of both the good and bad news. As it has been said before.

Swimming Pool

Although everyone complains about swimming when it's cold or messing up the make up or getting the hair wet, some people just don't realize how great it is to have a swimming pool at Ike.

Besides swimming, students can participate in skin diving, water polo and other water sports.

How many other high schools have, not one but two pools? -B.J. Veres

Lunch Time

Lunch time at Eisenhower is much more than just a time to eat. It is also a time to relax for 45 whole minutes.

A few years ago when Ike had three lunches, less than half an hour was allowed for lunch, which was barely enough time to get your food, eat it, and make it to your next class on time.

Now with three-quarters of an hour, one has time to study, do homework, eat, socialize and best of all, relax.

-Kathy Stacy

"There are two sides to every story." Derogatory remarks are usually the journalists attempt to improve their school.

The best way to become successful is to listen to criticism, then sort out these remarks and make constructive alterations.

The student body at Ike realizes its strengths and weaknesses. Too often we overlook our strengths. We tend to dwell too much on our shortcomings. Perhaps we should be more positive and optimistic.

Censorship has not affected the Eagle's Eye yet. It does not print only the bright or only the gloomy side of Ike's events. This paper has not become a propaganda sheet for any particular group or organization. Let us be wary that we do not become oppressed.

Although to this point we have enjoyed freedom of the press we can not in the future stoop to the pressures of the administration, teachers, clubs, or any other group. The Eagle's Eye is the student's paper. This is something that should never change. —Marilyn Tudor

Meat-Free Diets Draw Nutritionists' Concern

Meat is not always perfect

Substitutes provide protein

As people become more concerned with what they eat and the nutritional values of food, flavored to give the taste of meat. along with the soaring price of Because they are made from the meat, many are becoming protein faction of soybeans, they vegetarians

living on vegetables and abstaining in fat than the equivalent meat. entirely from the killing of animals

beliefs, but probably the two most life style than their avoidance of common are those who exclude meat. Often they are more aware all animal products and those who of nutritional needs and select are partial vegetarians, who doe foods more wisely. Often they eat dairy products, eggs and some neither smoke or drink liquor. eat fish

vegetarian because of health, who became a partial vegetarian religious, economic or moral reasons

become vegetarians, a legitimate and she is concerned about heart nutritional question arises. Can disease. one have an adequate diet without animal protein?

number of foods can substitute diet. for meat. But vegetarians, especially the strict vegetarians, eating," she added. "It bothers me must plan their diet carefully to to see someone eating a candy bar stay healthy.

superintendent, is in charge of the

Hodson, 4-Societies teacher, and

You and the Law and World

the World' is a course designed

Mrs. Bernice Haynes, cafeteria

larger quantities of food because

If it's hot out, not as much food

is prepared because more students

like to stay outside in the

The cooks are pretty good at

over, Mrs. Haynes explained,

sometimes the cooks eat it for

their lunch, or if a whole pan full

more students will be eating Mrs. Hodson.

Food Quantities Vary

the school cafeteria.

innovative fund.

Geography.

inside

sunshine.

The "meatless meats" appeal to many people, not just vegetarians. Technically called meat analogues, they are made from a textured vegetable protein and are are high in protein but contain no Vegetarianism is the practice of cholesterol. Many are also lower

Many vegetarians may seem healthier than those who are not, Vegetarians have a variety of but this could be due more to their

A person may become a Scambray, Ike English teacher, because of health reasons. She says she feels that the American As more and more people diet is too high in fats and sugars,

She says that all the evidence

"I feel strongly about healthy

The course uses feature length

The films are supplemented

questions which come from the

students themselves. The purpose

awareness and interest in the

historical events. The students

also work with maps of each land

ideas of the films in their journals.

continued next fall, according to

If the administration finds

cassettes, and

A vegetarian is one who believes in or practices living

vegetarianism

Such is the case of Mrs. Carol

that she has bound on health "has The answer is yes. A surprising indicated following this type of

or potato chips for lunch." **Ike Offers New History Class**

"Peoples of the World" is a new for students who find visual

history class offered this semester media more helpful and fulfilling.

at Ike. It is sponsored by the "The visual media emphasizes the

"innovative fund," a district human experiences of historical

program designed to develop new events and is retained longer than

ideas for school curriculum. Dr. if the same experiences were to be

The new class is offered first documentaries. The films include

and second period for sophomores Catherine the Great, Viva Zapata,

by Mr. Dean Kelley, who teaches with student discussions and

They explained that 'Peoples of being to prompt the students'

Surprising as it may seem it is area studied. They keep daily

amount of food prepared daily in and films, and write their own

manager, explained that if it is "Peoples of the World" serving its

cold outside, the cooks prepare purpose, the course will be

the weather that determines the journals of all class discussions

films.

Charles Kondrit, assistant read from printed facts.

and is taught by Mrs. Mary and War and Peace.

solely upon vegetables, fruits, grains and nuts, excluding meat from the diet. There are several vegetarians on the Ike campus. Some subscribe to the idea for nutritional reasons and others are more concerned with the religious aspects of

teacher, says that because of her religion, she does not eat meat. "Actually, it is not against my religion to eat meat," she explained. "The church does not tell us that we cannot eat meat. but in the Bible it says that the body is the temple of God's spirit. I believe you should not do anything to hurt your body such as smoke or drink."

She further explained that she

does not think meat purchased in the store is good for the body

Mrs. Elaine Davison, art since one has no way of knowing what the animal has been fed or what other ingredients had been put in such things as sausage products

"Even though the meat has been inspected by the U.S. Department of Agriculture," she said, "it is not always perfect."

"Also the fact of high cholesterol in meat is another reason for my not eating meat.' she explained. She said she had read that the hormone of D.E.S. Was fed to livestock to help them put on weight. "It is not good for people; yet it is found in some meat sold on the market," she said

Mrs. Davison says she does eat dairy products — milk, eggs and cheeses, so she feels she does get the right amount of protein.

It is the nutritional aspect of vegetarianism that concerns Mrs. Malody, Ike foods teacher. She said a person's diet should be left up to the person involved but that he should be sure to check the list of required proteins.

She explained that a new list is out now breaking down proteins into three amino acid categories. She emphasized that the human body needs all three of these amino acids to build and restore the whole body. "Not all proteins provide these

amino acids," she said. "So if a person does want to go on an all-vegetarian diet, he should be sure to get everything straight and not just go into it half way.

LOOKING FOR APPETIZING RECIPES that are good for you, are from left, Mrs. Davison, Mrs. Scambray and Mrs. Malody.

Churches Drop Membership

Most major denominations in the U.S. have drastically dropped in membership. Strangely, those churches are headed by persons of liberal beliefs.

The few remaining churches that seem to increase in fundamentalist category. The Church of the Nazarene has faired well in recent years. These churches are referred to a s fundamentalists because they rely on strict (or stricter than most)

information about church political activity. News of churches' stands world issues is frequent. For

held its annual leadership conference and decided to approve the Vietnam War. Surveys showed some 70 per cent of the Methodist membership nationwide were in favor of it, as opposed to total pull-out. This decision supposedly represented the beliefs of the total Methodist denomination, alienates

The liberal decision, one of many, not only in the Methodist denomination, alienates conservative church goals.

Those churches representing conservative leadership are the fundamentalists, now growing in population. There appears to be a change over in total membership.

to football games on Sunday

Young people today should take many things into consideration when choosing a church. Questions you could ask yourself are: "Do I believe the persons running the church have the right to decide what I believe?" "Does the church teach religion or politics?

But remember, church is not for everyone. Believe in what makes you comfortable. It's a faith decision and much thought should



Jeri Races On

make the biggest tracks. week.

Runners.

defeated Upland 64-31.

Gerth, third.

second. came in third. and third for the 100.

MVP's Named at Banquet

year's outstanding wrestler at the Hitchman each receive white annual wrestling awards banquet last week.

co-captain. The outstanding wrestler award for the JV team was shared by Mike Mascetti and Todd Keegan. Myers and Glen Evans were chosen earlier in the year as team captains, as were Mascetti and Dave Smith for the JVs.





Classified Ads Wally, this is Lennie ... your shorts are on fire!

Dear Al-be, You are my gauging their cooking because very little food is prepared that is everything. Love you always. not served each day. If food is left Sherry.

* * * To Scoffy I love you. Tom

To Cheryl S. — You have a

nice body. See you tonight.



Those many thousands deserting the big churches either find a more example, the Methodist church conservative congregation or turn 888 Rent-A-Jux **BE SURE TO RENT YOUR TUX EARLY** FOR THE PROM 889 No. D Street San Bernardino, CA. 885-1487

Complete Formal Wear For Men

interpretation of the Bible. Statistics give us valuable on this or that in current events or

membership fall into the conservative church goals.







The smallest feet sometimes

This is the case with Jeri Sauceda, a member of GAA's B track team. Wearing her tiny size 4 track shoes, she placed first in the 50, the 100, and the 440 relays at the track meet with Upland last

Jeri wears probably the smallest size shoe in the histroy of track at Eisenhower. Her track shoes are specially ordered through her association with the Rialto Road

Jeri was not the only GAA trackster to win for EHS in the meet last week, however. Ike

Placing in the field events were Beth Lee, first for long jump; and Yvonne Singletary, second. Kathryn Petsas placed first in shot put; Judy Contarini won third in softball throw; Robyn Borden, first in high jump, and Sonia

Sonia got first for 880, starting the running events. Jeri placed first while Teri Sauceda came in

Two seconds put Sonia in first for the 440, while Diane Wyand

Jeri and Teri again placed first

In the 220, Jean Aguilera placed first and Beth Lee, second.

JERI SAUCEDA displays her size 4 track shoes.

CETTER

He also scored the most varsity points and served as team



Bill Myers

Varsity letters were awarded to

The Air Force skill. You can take it with you.

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Mario Sanchez letters for three years of varsity

action. The sportsmanship award went to Bob Hitchman for the varsity and Chuck Chapie for the JVs. Most improved was Jeff Gianni,

varsity, and Jim Fawcett for the JVs Outstanding sophomore

wrestler was Joe Evans. Mario Sanchez was the outstanding junior

March 9, 1973 EAGLE'S EYE Page 7 **Ike Tracksters Fall Short**

By DAVE PECK

Next Thursday the Ike high jump. tracksters match up with Pacific on the Eagle field. Yesterday's results of the Chaffey Eisenhower showdown appears in with 16 other schools in the this morning's issue of the annual Steeler relays. Entries Sun-Telegram.

Last Friday Eisenhower suffered a setback faltering slightly to Upland and Ontario. The triangular meet was held at Chaffey junior college to facilitate the three schools at one time.

Firsts for Eisenhower were taken in the 440-yard relay by Palmer and Steve Szypusz. Also in back-and-forth relay fashion. only Eisenhower points with 3¹/₂. the 100 and 220 yard dashes by Steve Szypusz. Performances for second place were turned in by Lonnie Kimball in the low hurdles, Bob Hitchman in the shot put, and Jim Barret in the high ump

John Skousen captured a third place in the two mile run as did Jerry Flowers in the high hurdles, Steve Syzpusz in the long jump and Jim Drennon in the shot put. When three or more schools participate in the same meet, points are also given for fourth place. With one point each are Lonnie Kimball, high hurdles; Andy Moran, low hurdles; Dave

Eisenhower's toughest contest came last Saturday at Fontana High. The Eagles participated came from as far away as Arcadia and Antelope Valley. But local San Bernardino High took top honors with 23 points, followed by crosstown San Gorgonio with 16. Arcadia and Ontario weren't far behind.

All events at the relays were team oriented. No individual awards

Swimmers Take 4th Place

By RICHARD MARTIN Eagle swimmers convincingly placed in four out of six events to capture a fourth place at the Optimists relays last Saturday at Redlands High School. Competing with a 22 team field, the Ike fish captured a first place, second, third, and one sixth.

Taking first in the finals were Geoff Sharp, Andy Shapiro, Richard Martin and Kim Froke in the medley relay. With a time of 1.47.7 they broke the old school record although they've still failed to qualify for CIF. Second place was taken by

Martin, Froke, Sharp and David Head in the butterfly relay. Head, Sharp, Steve Degeere and Pat **EHS Golfers Putt Past**

San Gorgonio Eisenhower will host San

Gorgonio Monday in its first CBL golf match at El Rancho Verde.

Junior Bruce Duff's 39, three over par, led the Eagle golf team to a 205-233 victory over the Cardinals of San Bernardino last weekend.

Duff was followed closely by Scott Ledbetter's 40, Chip Roepke's 41, Scott Lyon's 42 and Steve Easley's 43. Randy Boyce carded a 48.

In junior varsity competition, Russ Bergeson recorded a 50 and Kirk Pierzina a 41.

ABC's of Track Revised

By STEVE COOPER The ABC's of track have changed. In previous years of track and field, competitors were

categorized in classes of A, B and C according to age, weight and them up, starting with Ribin height. Due to this format, known as the exponent system, seniors could conceivably compete against sophomores.

This year the California improved." making the '73 season better. One major change the committee decided to make concerns the exponent system. Instead of classes A, B, or C the new method consists of the common varsity, junior, varsity, and sophomore titles used in other sports.

Varsity and junior varsity teams are permitted to consist of seniors, juniors and sophomores, but the sophomore team may have only sophomores in

Peck, shot put, and Jerry Flowers, The winners in the field events were based on a team's total distance or height in an event added together

Faring well at the relays were the sophomores. Jerry Flowers led all soph jumpers with a leap of 6 feet. Total team height, however, wasn't enough to place. The soph distance medley relay members took a first in their heat and a third overall. The squad consisted of Milton Theodore, running a 100; Steve Szypusz, a 220; Toney Borg, a 660, and Larry Taff, the final leg with a 1320. The Andy Moran, Steve Cooper, Dave were made. The hurdles were run sophomores brought home the

Janoe took a third in the breastroke relay, while Head, Shapiro, Froke and Janoe collected a sixth place in the backstroke.

Now the Ike fish boast an 8 and record for the year with their hardest meet of the year scheduled yesterday, results of which were not available at press time

Tomorrow the Eagles swim in another all day affair at the Rubidoux invitational, another 22-school meet.

Geoffrev Sharp will not be able to attend as he is going up north to see about scholarship offers at Washington and Oregon State.



GEOFF SHARP shows determination as he leads lke

competition.

This new format will make it impossible for a team to stack the sophomore class with seniors and take the title.

Head track coach, Mr. Mike Malody stated. "The change should give the sophomores a better chance, and the overall competition should be much

Reach Out Rialto is sponsoring square dance classes beginning Monday at Kolb junior high cafetorium at 7 p.m.

Chris Brown has organized calling with Mr. Ed Wayre, and a 25 cent charge per student will be used for records.

Mike Wamsganss, student president of ROR, says all students interested in square dancing are invited to attend the classes.

(PAID POLITICAL ADVERTISEMENT)

SHERRY ADAMS

For School Board



100 SO. RIVERSIDE RIALTO, CALIF. DOWNTOWN RIALTO

Bill Myers was honored as this Myers, Dan Beck and Bob Joe Evans, Bill Myers, Glen Evans, Mickey Harris, Dan Beck, Alex Medina, Mario Sanchez, Dan Housel, Bob Hitchman, Harry Smith, Paul Stumph, Mike Haney, Sanny Wiley, Kurt Simonson, Mark Leon and Jeff Gianni. JV letters were awarded to

Mike Mairs, Dave Smith, Mike Mascetti, Todd Keegan, Jim Fawcett, Carlos Grider, Chuck Chapie, Craig Griffith, Scott Kilman, Rick Zanone, Dan Dorado, Gary Doak, Nathan Bragg, Mike Smith, Gary Wolfley, Jeff Fromm and Mike Burkett.

JV Team Shines

After two successful scrimmages and three successful games, the JV baseball team will take on San Gorgonio in its fourth game Tuesday at 3:15 on the JV field here at Ike.

The JVs are looking forward to a good year and they have a lot of muscle and backbone to back Townly, Ray Espinosa, Bill Elliot, Blair Simmons and Mike Garthwaite.

Also Greg Ullery, Marty Stone, Greg Douglas, Ralph Sanchez, Interscholastic Federation (CIF) Bill Hornsby, John Lavoi, Bill met to discuss last year's track ROR Starts Dance Cullen and Bruce Lazotte. Coach season and possible ways of for the JVs is Mr. Sid Gilbreath.

BERT'S FOOD MARKET



Greene's Gospel

Clean Up Comes Every Five Years

was here last week and perhaps, if superintendents. you were quick enough, you new light.

The campus, as well as its inhabitants, underwent a pleasant change. Classrooms were cleaned, trash picked up off the campus grounds, the eagle in front of the school was painted, the student council room was cleaned, even the teachers' room was spotless. All were efforts to make the campus look good...for a week.

Attitudes also changed. For at fall back into the slump that so class, teachers were possibly teaching more effectively under the threat that a committee exhibited by all, well, almost all, was even a visit from our to resort back to the "old ways?"

The accreditation committee esteemed, yet rarely seen, district

However, now that the might have seen Eisenhower in a committee is gone will the campus go back to the way it was? It

> shouldn't. There is no reason the "campus beautification program" should stop, even if it does take a little effort.

> Since we have seen what can be done of this campus, to stop all clean-up efforts would be a crime. But more disastrous would be to

least the first part of last week, many classes were lifted from students seemed more attentive in while the committee was here. With the fantastic attitude

member might walk in, and there this past week why do we all have

Communication Break Down

by LAURIE GREENE

As the school board elections near, perhaps the most talked about subject, locally, concerns the newspaper article recently printed in the Sun-Telegram criticizing district superintendent, Louis D. Mathews. The article, written by a school board candidate, contained remarks Dr. Mathews was reportedly to have made during a gathering of potential school board members. The remarks, according to the author of the article, down graded teachers, and made the board members seem nothing more than .. a rubber stamp for the educational policies devised by himself...'

Although attempts were made by the Eagle's Eye to contact Dr. Mathews this week he did not return our calls. However, the Sun-Telegram reported that Dr. Mathews commented that "certain statements were reported out of context."

Whether the article was reported out of context, or whether it was not, it not really important. The important thing to come out of this entire mess, is the realization that there exists a total breakdown in communication: a breakdown between the superintendent, the board members, the reporter of the article, and even the community.

How does something like this happen? Could it be that, although interested, we are willing to read, or write, into a situation, only what we want to?

One thing is certain: a breakdown such as this can only be a result of the lack of involvement. A lack of involvement on the superintendent's part with the teachers, administration, board members and schools. On the board member's part with the superintendent and administration. And on our part, as readers, with not knowing what is really going on until we have read it in the newspaper.

Good Women Never Had lt So

By SCOTT LYON "We can do anything men can

do" is the age old saying of the women libbers of today.

Now hear this, you women radicals! Men have been superior to women ever since the beginning of time.

Since the Neanderthal times, men have been beating women with clubs to get them to work. Until that time they sat around and did nothing.

Take a look at the lion's point of view. The female does all of the hunting while the male sits under a nice shade tree, which proves that the male is much more intelligent.

You females have a right to want to be equal to men, but up to a certain point.

The male of today supports the wife and family, while a vast majority of women stay at home weeping over their TV soap operas.

Since the beginning of time, men have been far better thinkers than women, which is proven by politics, science and space exploration.

Those are a few of the basic

jobs: then there are the strengthrequired jobs such as worker, roofers, brick layers, plumbers, etc.

Take a look at the women libbers, their bodies, and faces, and wait! Don't look at them! Most of them look like football players, hockey players, or even a fantastic rugby fullback.

If it weren't for these so called women, the delicate and beautiful female species would be seen and not heard.

Millions of hard-working men come home to their clean homes and lovely wives. But all of those unfortunate males with a woman radical for a wife, it's a disgrace. The house is dirty and stinky while the kids are fighting and "As the World Turns" ends.

You women have a good thing going when you get married. You have money to spend and are fully supported.

Whenever you women think of becoming a women liberator, take a good long look at yourself in the mirror.

To put it in the words of Virginia Slim, "You've come a long way baby," but don't stretch your luck.

Emphasis Should Be On Individuality

By MARILYN TUDOR

Which sex is inferior to the other? The most widely accepted answer to this question is, the female, of course. It is obvious that the male is far superior because it is his dominance that presides over the home, and the business world.

The above statement is a rash generalization, true in only particular cases, not all. We, the youth of today, are the hope of tomorrow. It is our task to stop such generalizations from being made. We can either paint a clear and distinct future in living color. Or we can continue to sketch blindly in black and white.

Society has attempted to mold us from the time we were born. It has tried to decree our words and actions. If we were born of the male sex we were taught to act in a masculine manner, speak boldly, never cry, and dominate over the female. On the other hand if we by chance were born a female we were dressed in dainty dresses, instructed in the arts of homemaking, and constantly reminded to act ladylike.

EAGLE'S EYE International First Place Award 1968 - 1972

Editor **CATHIE BRUTON News Editor BRIAN SEEMAN** BECKY GILLELAND JOE WYNNE Feature Editor LAURA GORDON Asst.

Feature Editor BEV KLING Editorial Editor LAURIE GREENE

Co-Sports Editors BOB HALEY MAT PETERSON

There never would have been the need for the Women's Liberation Movement if society had recognized the woman as an individual. Each female, just like each male, is an individual with potentials different from anyone else's.

Their movement has caused more consternation than we care to admit. For the first time society has begun to realize that the word female bears no stigma

Letters to the Editor

of qualification or inferiority. The modern woman no longer conforms to the stereotyped female.

For once let us look at our brothers and sisters without prejudice and expectations. You may be astounded to find that the generalizations and subjective statements concerning any sect are usually unsubstantiated. The most important thing to observe about our fellow human is that he is above all an individual.

Student Rebuts Article

To whom it may concern,

This letter is in reply to the column titled "Greene's Gospel" which appeared in the February 23 issue of the Eagle's Eye.

The article was referring to the school budget. It said that the ration of people per money didn't matter for an organization because it all depended on the amount of ASB cards bought by its members.

This, though, is not what I want to point out. I want to test the truth in the facts that the reporter seems to be sure of.

She says that student council spent \$310 on a summer retreat: this is quite true. She also said that this amount has been made up "simply by interest made on the account."

This is false. I know for a fact that the entire ASB account has collected only \$164 in interest since the time of the retreat and September when the new books were opened. Another fact is that I am in a position that generates

David Fredendall

(Editor's Note:

The information for the article mentioned above was supplied by Mr. Wohlers)

Owner Complains

Dear Editor -

CAP'N FLUSH

In our last Eagle's Eye newspaper there was an article written about Leonard and his Walkie Talkie. As I understood, this was supposed to stop vandalism. Last Friday during first lunch at approximately 11 my car was stolen. I ask, where was Lennie and his Walkie Talkie? Was he over at the boys gym looking for who stole the \$2.99 cent shoes?

any other cars are stolen? Can't something NOW.

(Name withheld by request)

the street.)

EXIT!

RUSHING TO THE STUDENT PARKING LOT, C.F. HOP'S INTO AT PARKED JANITORIAL TRUCK AND HEADS FOR THE WEST

a great deal of concern about how our money is being handled, so please furnish us with accurate information so we, too, will know the real truth, and not a story. Respectfully,

I ask one favor, is there any way we can stop all this stuff before we even drive our car to school without getting it stolen? Let's do

Stolen Car Owner

(Editor's Note: The school is not responsible for cars parked on

UPON RETURNING FROM AN EXTENSIVE VACATION

RETURNS TO HIS DUTIES

IN POLAND, CAP'N F.

I KNOW! I'LL TAKE AN EARLY LUNCH AT DEL TACO AN'AVOID THE RUSH!

