

Counseling Resources 2020-2021

Arrowhead Regional Medical Center

Behavioral Health Unit
The 24hr Psychiatric Triage Unit (adults only)
400 N. Pepper Ave
Colton, CA 92324
(909) 580-2814 (psychiatric unit)
(909) 580-1800 (hospital)

Canyon Ridge Psychiatric Hospital

5353 G Street Chino, CA 91710 (909) 590-3700

Loma Linda University Behavioral Medicine Center

(909) 443-2237
1710 Barton Road
Redlands, CA 92373

Redlands Community Hospital

Acute & psychiatric inpatient provider (adult only)
350 Terracina Blvd.
Redlands, CA 92373
(909) 335-5500

Community Crisis Response Team

This is a mobile crisis response team for those experiencing a psychiatric emergency. Provides crisis intervention, assessment, case management, relapse prevention, and medical referrals.

Ph. (909) 421-9233 Pager (909) 402-0560

Crisis Stabilization Unit (CSU)

Windsor Center: 1481 N. Windsor Dr., San Bernardino, Ca. 92404 (909) 361-6470 **Merrill Center:** 14677 Merrill Ave., Fontana, CA. 92335. (951) 643-2340 Short-stay crisis stabilization unit that offers 24/7 services to adults & youth (13 and older)

Crisis Text Line: Text HOME to 741741

SB 211: Dial 211
Community Resources

Crisis Walk-In Clinic

850 E. Foothill Boulevard, Rialto, CA 92376
(909) 421-9302 or 7-1-1 for TTY users Hours:
Monday-Friday 8:00 a.m.-8:00 p.m. Saturdays
8:00 a.m.-5:00 p.m. (Closed Sundays)

San Bernardino County Mental Health-Phoenix Clinic

700 E. Gilbert St. San Bernardino, CA 92415
(909) 387-7200 The Access Unit Available to answer questions re: behavioral health, alcohol, & drug services, & crisis situations.

South Coast Community Services

1461 E. Cooley Dr., Suite 100 Colton, CA.
92324 (877) 527-7227

Therapeutic Behavioral Services (TBS) MHS Inc.

790 S. Via Lata Suite 300, Colton, CA. 92324
(909) 433-0445 TBS is designed to provide help and support to children and young adults (up to 21) who exhibit moderate to severe behavioral problems and are having difficulty maintaining their current placement. Current placement may be a family or foster home, shelter, group home, transitional living program or other community settings.

Valley Star Family Resource Center

1585 S. D St., #101 San Bernardino, CA.92408
909-388-2222

Victor Community Support Services

1908 Business Center Dr. #220 San Bernardino, CA. 92408 (909) 890-5930

Vista Community Counseling

Adult, children, mental health outpatient services
17053 E. Foothill Blvd. Bldg B Fontana, CA
92335 (909) 347-1300

National Suicide Prevention Lifeline

1-800-2738255

Catholic Charities - San Bernardino

1800 Western Avenue, Suite 107, San Bernardino, CA 92411

Www.ccsbriv.org

Services include counseling, immigration, food and clothing.

UNICARE Clinic (IEHP only)

308 N La Cadena Dr, Colton, CA 92334

(909) 545-6001 referral line

(909) 824-2887 main office

Medical and behavioral health for all ages

Trevor LGBTQ+

(866) 4887386 or text start to 678-678

Uplift Family Services 572 N. Arrowhead Avenue, San Bernardino, CA 92401 (909) 266-2700

Psychiatric evaluations, medication services, case management, individual and family therapy

NAMI (National Alliance of Mental Illness)

301 9th Street #102, Redlands, CA 92374

www.namib.org/contact.html

Support groups, workshops, meetings and support services for a wide range of mental health related concerns