



MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY



1

**Teriyaki Chicken w/Rice**

Yogurt & Graham Crackers  
Romaine Salad  
Fresh Broccoli  
Grapes  
Peaches  
Ranch Dressing

2

**Green Chicken Pozole w/Chips**

Yogurt & Graham Crackers  
Shredded Cabbage  
Lemons  
Mixed Fruit

3

Nat'l Sandwich Day  
**Hot Ham Grinder**

Yogurt & Graham Crackers  
Romaine Salad  
Apples  
Catsup  
Ranch Dressing

6

NAT'L NACHO DAY  
**Queso Blanco Nachos**

Yogurt & Graham Crackers  
Romaine Salad  
Sliced Apples  
Pears  
Ranch Dressing  
Salsa

7

**Chicken Corndogs**

Yogurt & Graham Crackers  
Romaine Salad  
Banana  
Ranch Dressing  
Catsup  
Mustard

8

**Beef Enchilada Casserole**

Yogurt & Graham Crackers  
Seasoned Black Beans  
Romaine Salad  
Grapes  
Applesauce  
Ranch Dressing

9

NAT'L CHICKEN SANDWICH DAY  
**Chicken Sandwich**

Yogurt & Graham Crackers  
Romaine Salad  
Orange Wedges  
Cool Tropics  
Ranch Dressing

10

HONORING ALL WHO SERVED

*Veterans Day*



13

**3-Bean Tostada w/Cheese**

Yogurt & Graham Crackers  
Shredded Lettuce  
Green Beans  
Apples  
Ranch Dressing  
Salsa

14

**Popcorn Chicken w/Cheez-Itz**

Yogurt & Graham Crackers  
Romaine Salad  
Banana  
Ranch Dressing  
Catsup

15

**BBQ Cheeseburgers**

Yogurt & Graham Crackers  
Romaine Salad  
Zucchini Coins  
Grapes  
Ranch Dressing

16

**Turkey Gravy w/Mashed Potatoes & Roll**

Yogurt & Graham Crackers  
Canned Corn  
Fresh Blueberries  
Ranch Dressing

17

**Cheese Pizza**

Yogurt & Graham Crackers  
Romaine Salad  
Carrot Sticks  
Apples  
Ranch Dressing

FALL BREAK NOV. 20-24

27

**Mac & Cheese w/Roll**

Yogurt & Graham Crackers  
Green Beans  
Apples  
Ranch Dressing

28

FRENCH TOAST DAY  
**French Toast & Sausage**

Yogurt & Graham Crackers  
Romaine Salad  
Strawberries  
Pears  
Ranch Dressing

29

**Orange Chicken w/Chow Mein**

Yogurt & Graham Crackers  
Romaine Salad  
Fresh Broccoli  
Grapes

30

**Turkey Tacos w/Cheese**

Yogurt & Graham Crackers  
Romaine Salad  
Baby Carrots  
Oranges  
Ranch Dressing

**BEEF  
CHICKEN  
PORK  
TURKEY  
VEGETARIAN**



November

This institution is an equal opportunity provider.

Salad Bar Lunch Menu All students will be offered 5 components at lunch: meat/protein, bread/grain, fruit, vegetables, and milk. Students **must** select a 1/2 cup serving of fruit or vegetable and two other components for lunch. Students may take all 5 components. \*Menu may change without notice.