

Rialto Unified School District

May 1, 2024 thru May 3, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/01/2024																
ELEMENTARY LUNCH, CH	Total	9000														
TACO Walkin,Beef,- '22	1.5 oz	7000	387	33	697	4.42	2.32	81.4	807	6.24	*3	13.98	30.5	23.06	5.40	*0.00
YOGURT,Hollan,Ras,w/crack-2017	SERVING	600	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2017	SERVING	600	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2017	SERVING	600	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	SERVING	600	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
LETTUCE, SHREDDED	Serving	5000	10	0	7	0.86	0.30	13.0	361	2.02	1	0.65	2.14	0.1	0.01	0.00
GRAPES,Fresh	serving	5000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
PEACHES, Diced Xtra Lite Syrup	serving	5000	60	0	10	0.00	0.00	0.0	300	1.2	0	0.0	14.0	0.0	0.00	0.00
Salsa, LaVictoria 2017 2oz	Serving	5000	19	0	340	0.00	0.00	0.0	9	6.8	2	0.0	3.78	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	7500	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			599	32	980	5.45	3.78	401.4	2207	12.73	*38	22.11	82.13	20.71	5.10	*0.00
% of Calories											*25.6%	14.8%	54.8%	31.1%	7.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 05/02/2024																
ELEMENTARY LUNCH, CH	Total	9000														
PIZZA,DOMINOS14*WGChz,slice '24	serving	7000	240	15	460	3.00	2.00	540.0	0	0.0	3	21.0	28.0	8.0	3.50	0.00
YOGURT,Hollan,Ras,w/crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2017	SERVING	500	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	8000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
Carrot Nibbles 2022	1/2 Cup	6000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
ORANGE WEDGES '23	SERVING	6000	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
DRESSING, RANCH 1oz. '23	ounces	8000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	8000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			508	23	746	6.19	3.48	804.4	10629	40.57	37	28.85	73.80	15.35	4.60	*0.00
% of Calories											29.1%	22.7%	58.1%	27.2%	8.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

May 1, 2024 thru May 3, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/03/2024																
ELEMENTARY LUNCH, CH																
	Total	8000														
Penne, Alfredo, Chicken '23	3/4 CUP	6000	203	79	411	6.29	1.47	108.8	86	1.73	*2	15.8	20.12	5.55	1.49	*0.04
Roll, dinner, white, w/ Galassos	1 each	6000	150	0	270	3.00	1.80	80.0	15	0.0	3	7.0	29.0	2.0	0.00	0.00
YOGURT, Hollan, Ras, w/crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT, Hollan, Peachw/crack-2017	SERVING	500	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT, Strawberry W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT, Strw-Ban, W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	6000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container	6000	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
PEACHES, Diced Xtra Lite Syrup	serving	6000	60	0	10	0.00	0.00	0.0	300	1.2	0	0.0	14.0	0.0	0.00	0.00
DRESSING, RANCH	1 oz	5000	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL. 2017	1 EACH	6000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			635	71	860	8.22	4.17	502.6	3709	73.53	*42	29.08	102.74	12.87	2.86	*0.03
% of Calories											*26.2%	18.3%	64.7%	18.3%	4.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			581	42	862	6.62	3.81	569.4	5515	42.28	*39	26.68	86.22	16.31	4.19	*0.01
											*60.4%	18.4%	59.4%	25.3%	6.5%	*0.0%

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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May 1, 2024 thru May 3, 2024

ELEMENTARY LUNCH, CHOICES

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage										
Calories	581		550 - 650		100%													
Cholesterol (mg)	42																	
Sodium 1 (mg)	862		1230		70%													
Sodium 1a (mg)	862		1110		78%													
Fiber (g)	6.62																	
Iron (mg)	3.81																	
Calcium (mg)	569.4																	
Vitamin A (IU)	5515																	
Sugars (g)	39	26.84%				Missing												
Vitamin C (mg)	42.28																	
Protein (g)	26.68	18.38%																
Carbohydrate (g)	86.22	59.40%																
Total Fat (g)	16.31	25.28%																
Saturated Fat (g)	4.19	6.49%			<=30.00%													
Trans Fat ¹ (g)	0.01	0.02%			<10.00%	Missing												

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Rialto Unified School District

May 6, 2024 thru May 10, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/06/2024																
ELEMENTARY LUNCH, CH	Total	7000														
Burrito, Bean & Chz '22	1 each	3000	577	56	1296	5.65	3.70	606.1	837	2.48	*1	24.0	61.11	26.22	11.76	*0.00
YOGURT,Hollan,Ras,w/crack-2017	1 each	1000	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2017	1 each	1000	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2017	1 each	1000	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	1 each	1000	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	5000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
APPLES,Fresh	1 EACH	5000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Pears, In Extra Light Syrup	serving	5000	60	0	5	2.00	0.00	0.0	60	1.2	12	0.0	16.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	89	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
Salsa, LaVictoria 2017 2oz	Serving	3000	19	0	340	0.00	0.00	0.0	9	6.8	2	0.0	3.78	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	6000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			734	36	1143	8.73	4.77	704.9	4528	12.76	*59	25.31	118.25	19.90	7.26	*0.00
% of Calories											*32.1%	13.8%	64.5%	24.4%	8.9%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 05/07/2024																
ELEMENTARY LUNCH, CH	Total	7500														
CORN DOG, CHX '22	1 EACH	5500	239	40	692	2.31	1.41	25.1	120	0.0	8	11.67	27.9	9.23	2.51	0.00
YOGURT,Hollan,Ras,w/crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2017	SERVING	500	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
BEANS, BLACK SEASONED-2012	1/2 CUP	3000	126	0	323	9.50	2.68	52.0	48	4.15	*0	8.32	22.99	0.43	0.11	*0.00
SALAD 3/WAY, '23	servings	7500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
BANANAS	EACH	5000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
DRESSING, RANCH .50oz	Servings	1000	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
CATSUP	.5 oz	4500	17	0	125	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	0.0	0.00	*N/A*
MUSTARD	.5 oz	1000	9	0	166	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.5	0.03	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	6500	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00

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May 6, 2024 thru May 10, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			534	36	999	8.70	4.22	388.8	4284	12.03	*42	24.34	89.58	10.33	2.91	*0.00
% of Calories											*31.1%	18.2%	67.1%	17.4%	4.9%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 05/08/2024																
ELEMENTARY LUNCH, CH	Total	7000														
TERIYAKI BEEF DUNKERS	SERVING (4each)	5000	159	39	382	0.60	1.60	14.0	49	0.0	9	13.6	11.7	6.5	2.60	0.00
RICE, ORIENTAL-BROWN RIC E-2014	1/2 CUP	5000	97	1	133	1.12	0.44	2.9	1	0.44	*0	2.79	19.61	0.98	0.04	0.00
YOGURT,Hollan,Ras,w/crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2017	SERVING	500	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	5500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
BROCCOLI,raw: fresh	Serving	5000	15	0	15	1.18	0.33	21.4	283	40.59	1	1.28	3.02	0.17	0.05	0.00
GRAPES,Fresh	serving	5500	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
PEACHES, Diced Xtra Lite Syrup	serving	5500	60	0	10	0.00	0.00	0.0	300	1.2	0	0.0	14.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	5500	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	6000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			582	40	760	4.13	3.85	401.8	4096	36.88	*48	25.22	92.70	14.50	3.94	*0.00
% of Calories											*32.7%	17.3%	63.7%	22.4%	6.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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 Portion Values - Detailed

May 6, 2024 thru May 10, 2024

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/09/2024																
ELEMENTARY LUNCH, CH	Total	9000														
CHICKEN,OVEN ROASTED	2 OZ	7000	136	50	56	0.02	0.72	8.7	91	0.03	*0	15.51	0.15	7.71	2.15	*0.00
POTATO,MASHED,IDAHO REA	Servings	9000	23	0	91	0.26	0.08	8.6	1	0.0	0	0.52	4.65	0.13	0.00	0.00
L 2020																
Roll, dinner,whte.wht Galassos	1 each	9000	150	0	270	3.00	1.80	80.0	15	0.0	3	7.0	29.0	2.0	0.00	0.00
YOGURT,Hollan,Ras,w/crack-2017	SERVING	400	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2	SERVING	400	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
017																
YOGURT,Strawberry W/Crack-2	SERVING	400	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
017																
YOGURT,Strw-Ban,W/Crack-2017	SERVING	400	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	3500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
APPLESAUCE, UNSWEETNED	serving	3500	26	0	1	0.67	0.14	2.4	18	0.61	6	0.1	6.87	0.06	0.00	0.00
Raisels, Variety	servings	5500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	7500	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	5750	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			620	52	735	5.00	4.26	453.0	2267	48.25	*46	31.46	91.97	16.85	3.68	*0.00
% of Calories											*29.4%	20.3%	59.3%	24.4%	5.3%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet
Portion Values - Detailed

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May 6, 2024 thru May 10, 2024

ELEMENTARY LUNCH, CHOICES

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/10/2024																
ELEMENTARY LUNCH, CH FISH STICKS, POLLOCK -2013	Total SERV.(4 sticks)	7000 5000														
			210	55	290	3.00	1.44	60.0	0	0.0	0	18.0	23.0	5.0	0.50	0.00
Cookie, Honey Belly Bear	bag	5000	151	0	116	1.16	1.25	116.2	46	0.0	9	2.32	23.23	4.65	0.00	0.00
YOGURT,Hollan,Ras,w/crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2017	SERVING	500	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
POTATO FROZEN,FRNCH-2021	SERVING	5000	120	0	40	1.00	0.72	0.0	0	0.0	0	2.0	20.0	3.5	0.50	0.00
SALAD 3/WAY, '23	servings	5500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
APPLES,Fresh	1 EACH	3200	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
CATSUP	1 oz	4500	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	6000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			646	47	772	6.59	4.45	481.7	3723	7.83	46	27.90	104.80	13.39	1.85	*0.00
% of Calories											28.4%	17.3%	64.9%	18.7%	2.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			623	42	882	6.63	4.31	486.1	3780	23.55	*48	26.85	99.46	14.99	3.93	*0.00
											*69.2%	17.2%	63.8%	21.7%	5.7%	*0.0%

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Rialto Unified School District

May 6, 2024 thru May 10, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg) Overage	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	623		550 - 650	100%														
Cholesterol (mg)	42																	
Sodium 1 (mg)	882		1230	72%														
Sodium 1a (mg)	882		1110	79%														
Fiber (g)	6.63																	
Iron (mg)	4.31																	
Calcium (mg)	486.1																	
Vitamin A (IU)	3780																	
Sugars (g)	48	30.74%				Missing												
Vitamin C (mg)	23.55																	
Protein (g)	26.85	17.23%																
Carbohydrate (g)	99.46	63.84%																
Total Fat (g)	14.99	21.65%	<=30.00%															
Saturated Fat (g)	3.93	5.67%	<10.00%															
Trans Fat ¹ (g)	0.00	0.00%				Missing												

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Rialto Unified School District

May 13, 2024 thru May 17, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/13/2024																
ELEMENTARY LUNCH, CH	Total	7000														
MACARONI AND CHEESE '22	1/2 CUP	3000	304	45	1252	0.47	0.50	693.6	2239	0.53	*5	25.1	20.89	13.87	9.08	*0.00
Roll, dinner,wh.wheat Galassos	1 each	3000	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
YOGURT,Hollan,Ras,w/crack-2017	SERVING	1000	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2017	SERVING	1000	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2017	SERVING	1000	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	SERVING	1000	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	5500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
FRUIT MIX, Extra Light Syrup	serving	5000	80	0	5	1.00	0.00	0.0	200	1.2	15	0.0	18.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	5000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
DRESSING, RANCH 1oz. '23	ounces	2000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	6000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			648	31	1023	6.24	3.84	760.5	5440	9.28	*63	27.02	107.55	13.95	5.93	*0.00
% of Calories											*38.8%	16.7%	66.4%	19.4%	8.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 05/14/2024																
ELEMENTARY LUNCH, CH	Total	7000														
CHICKEN PATTY,WG/HMSTL B UN2015	1 EACH	5000	334	33	648	5.00	3.80	100.0	95	87.0	3	22.0	42.0	10.0	2.00	0.00
YOGURT,Hollan,Ras,w/crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2017	SERVING	500	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
BEANS, BLACK SEASONED-2012	1/2 CUP	5000	126	0	323	9.50	2.68	52.0	48	4.15	*0	8.32	22.99	0.43	0.11	*0.00
SALAD 3/WAY, '23	servings	5500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
BANANAS	1 EACH	3000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
CATSUP	.5 oz	5500	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MUSTARD	.5 oz	500	9	0	166	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.5	0.03	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	6000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

May 13, 2024 thru May 17, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			649	33	1149	12.96	6.75	471.0	3750	73.12	*39 *23.9%	34.26 21.1%	104.05 64.1%	13.71 19.0%	3.04 4.2%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 05/15/2024																
	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
ELEMENTARY LUNCH, CH BURRITO,TKY BEAN & CHSE-2 022	Total SERVING	6500 3000	502	42	990	13.05	4.36	362.3	328	6.87	*4	24.73	60.85	18.89	7.08	*0.00
YOGURT,Hollan,Ras,w/crack-2017	SERVING	875	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2 017	SERVING	875	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2 017	SERVING	875	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	SERVING	875	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	5000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
GRAPES,Fresh	serving	3000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
APPLESAUCE, UNSWEETNED	serving	5000	26	0	1	0.67	0.14	2.4	18	0.61	6	0.1	6.87	0.06	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
Salsa, Low Sodium	1 oz	3000	10	0	32	0.41	0.64	3.2	156	1.14	*N/A*	0.43	1.98	0.05	0.01	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4500	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			660	34	905	9.52	5.36	623.7	4427	9.89	*50 *30.4%	26.94 16.3%	104.04 63.1%	17.82 24.3%	5.72 7.8%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

May 13, 2024 thru May 17, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/16/2024																
ELEMENTARY LUNCH, CH	Total	7000														
ITALIAN PASTA BAKE 2021	servings	5000	237	35	680	8.89	3.06	149.6	735	11.2	*5	15.87	26.75	7.34	3.08	*0.00
Roll, dinner,wh.wheat Galassos	1 each	5000	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
YOGURT,Hollan,Ras,w/crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2017	SERVING	500	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	5000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
PEACHES, Diced Xtra Lite Syrup	serving	5000	60	0	10	0.00	0.00	0.0	300	1.2	0	0.0	14.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	5000	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3250	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
MILK,NF Strawberry HOLL.2024	1 EACH	3250	110	5	100	0.00	0.00	294.0	0	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			587	36	924	8.43	4.79	536.6	4246	12.25	*44	25.96	96.47	12.02	3.68	*0.00
% of Calories											*30.0%	17.7%	65.7%	18.4%	5.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 05/17/2024																
ELEMENTARY LUNCH, CH	Total	7500														
Grinder, turkey&cheese-EI-2017	1 EACH	5100	296	42	1147	3.00	1.89	248.1	175	0.0	*3	26.08	34.09	8.47	2.56	*0.16
YOGURT,Hollan,Ras,w/crack-2017	SERVING	600	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2017	SERVING	600	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2017	SERVING	600	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	SERVING	600	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	6000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
APPLES,Fresh	1 EACH	6500	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
SANDWICH SPREAD (GOOP).50oz	serving	4500	6	1	11	0.00	0.00	0.0	0	0.0	0	0.0	0.14	0.67	0.11	*0.00
DRESSING, RANCH 1oz. '23	ounces	6225	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	5500	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

May 13, 2024 thru May 17, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Weighted Daily Average			578	43	1182	6.46	3.43	563.4	3863	9.61	*44	30.94	86.78	16.08	4.10	*0.11
% of Calories											*30.6%	21.4%	60.0%	25.0%	6.4%	*0.2%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			624	35	1037	8.72	4.83	591.0	4345	22.83	*48	29.02	99.78	14.71	4.49	*0.02
											*69.2%	18.6%	63.9%	21.2%	6.5%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	624		550 - 650	100%				
Cholesterol (mg)	35							
Sodium 1 (mg)	1037		1230	84%				
Sodium 1a (mg)	1037		1110	93%				
Fiber (g)	8.72							
Iron (mg)	4.83							
Calcium (mg)	591.0							
Vitamin A (IU)	4345							
Sugars (g)	48	30.74%			Missing			
Vitamin C (mg)	22.83							
Protein (g)	29.02	18.59%						
Carbohydrate (g)	99.78	63.92%						
Total Fat (g)	14.71	21.21%	<=30.00%					
Saturated Fat (g)	4.49	6.48%	<10.00%					
Trans Fat' (g)	0.02	0.03%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 20, 2024 thru May 24, 2024

ELEMENTARY LUNCH, CHOICES

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/20/2024																
ELEMENTARY LUNCH, CH	Total	7500														
Nacho Delx W/ 3bnCHILI, chz2023	SERVING	5500	461	30	520	9.22	5.07	311.5	802	3.57	*2	14.75	51.05	21.82	8.04	*0.00
YOGURT, Hollan Peachw/crack-2017	SERVING	500	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT, Strawberry W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT, Strw-Ban, W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT, Hollan, Ras, w/crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	4000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
CELERY STICKS 2021	serving	4000	16	0	89	1.78	0.22	44.6	500	3.45	1	0.77	3.31	0.19	0.05	0.00
APPLES, Fresh	1 EACH	4000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
DRESSING, RANCH 1oz. '23	ounces	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
Salsa, LaVictoria 2017 2oz	Serving	4000	19	0	340	0.00	0.00	0.0	9	6.8	2	0.0	3.78	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	5500	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			660	33	939	10.73	5.65	622.0	3656	14.42	*38	23.47	93.02	23.24	7.69	*0.00
% of Calories											*23.0%	14.2%	56.4%	31.7%	10.5%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 05/21/2024																
ELEMENTARY LUNCH, CH	Total	8225														
ENCHILADA, GREEN CHICKEN 2017	6.25 OUNCE	6025	182	44	769	1.10	1.31	83.1	60	5.44	2	10.59	19.83	7.36	1.31	*0.00
YOGURT, Hollan, Ras, w/crack-2017	SERVING	300	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT, Hollan Peachw/crack-2017	SERVING	300	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT, Strawberry W/Crack-2017	SERVING	300	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT, Strw-Ban, W/Crack-2017	SERVING	300	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
BEANS, BLACK SEASONED-2012	1/2 CUP	6000	126	0	323	9.50	2.68	52.0	48	4.15	*0	8.32	22.99	0.43	0.11	*0.00
SALAD 3/WAY, '23	servings	6500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
BANANAS	1 EACH	5000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
DRESSING, RANCH	1 oz	6225	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
Salsa, Low Sodium 2oz	serving	5000	20	0	64	0.82	1.27	6.4	312	2.28	*N/A*	0.85	3.97	0.11	0.02	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	6225	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

May 20, 2024 thru May 24, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			523	44	1158	10.68	5.16	438.7	3512	17.75	*32	26.03	81.42	13.21	2.76	*0.00
Nutrient Guideline			550-650		1230						*24.5%	19.9%	62.3%	<=30.0	<10.00	

Wed - 05/22/2024																
ELEMENTARY LUNCH, CH	Total	9000														
TACO Beef Crumbles- '24	Servings	7000	318	32	603	4.42	3.72	135.1	796	6.24	*3	17.78	36.47	11.76	3.23	*0.00
YOGURT,Hollan,Ras,w/crack-2017	SERVING	600	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2017	SERVING	600	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2017	SERVING	600	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	SERVING	600	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	5000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
TOMATOES, GRAPE-2023	1/2 CUP	5000	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
GRAPES,Fresh	serving	5000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
Salsa, LaVictoria 2017 2oz	Serving	5000	19	0	340	0.00	0.00	0.0	9	6.8	2	0.0	3.78	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	7500	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			520	31	905	5.63	4.94	442.3	3813	18.93	*39	25.37	80.91	11.97	3.42	*0.00
Nutrient Guideline			550-650		1230						*29.9%	19.5%	62.2%	<=30.0	<10.00	

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Rialto Unified School District

May 20, 2024 thru May 24, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/23/2024																
ELEMENTARY LUNCH, CH	Total	7000														
Pozole, Red Turkey'22 CK	14 oz	3000	157	26	1313	2.22	1.60	19.8	628	2.11	*1	12.02	17.28	3.9	1.57	*0.00
TORTILLA CHIPS-'24	SERVING.	3000	210	0	225	2.25	0.30	25.0	3	0.0	0	2.0	23.0	12.0	1.70	0.00
YOGURT,Hollan,Ras,w/crack-2017	SERVING	1000	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2017	SERVING	1000	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2017	SERVING	1000	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	SERVING	1000	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
CABBAGE, SHREDDED	Serving	7000	13	0	9	1.31	0.25	21.0	51	19.22	2	0.67	3.05	0.05	0.02	0.00
LEMON WEDGES	Quarter	7000	17	0	1	1.60	0.36	10.0	0	30.6	*N/A*	0.6	5.0	0.2	0.00	0.00
CARROT, sticks '22	Serving	5500	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	6000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			563	24	1101	7.12	4.33	486.6	2285	51.13	*41	21.66	88.79	15.54	3.61	*0.00
% of Calories											*29.0%	15.4%	63.1%	24.9%	5.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 05/24/2024																
ELEMENTARY LUNCH, CH	Total	8000														
Chicken Tenders, WG 2017	Serving	5200	184	34	383	2.00	2.00	20.0	84	87.0	0	15.0	13.0	8.0	2.00	0.00
Cracker, Cheez-It Wh.Gr.-2013	pkg	5200	100	0	150	1.00	1.00	100.0	500	0.0	0	0.0	14.0	3.5	1.00	0.00
YOGURT,Hollan,Ras,w/crack-2017	SERVING	700	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT,HollanPeachw/crack-2017	SERVING	700	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT,Strawberry W/Crack-2017	SERVING	700	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT,Strw-Ban,W/Crack-2017	SERVING	700	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	6000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
Carrot Nibbles 2022	1/2 Cup	6000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	6000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
CATSUP	1 oz	3000	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	7000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

May 20, 2024 thru May 24, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			560	32	819	7.36	4.41	472.4	11749	68.25	46	22.94	88.09	13.92	3.54	*0.00
% of Calories											33.1%	16.4%	63.0%	22.4%	5.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			565	33	984	8.30	4.90	492.4	5003	34.10	*39 *62.4%	23.89 16.9%	86.45 61.2%	15.58 24.8%	4.20 6.7%	*0.00 *0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	565		550 - 650	100%				
Cholesterol (mg)	33							
Sodium 1 (mg)	984		1230	80%				
Sodium 1a (mg)	984		1110	89%				
Fiber (g)	8.30							
Iron (mg)	4.90							
Calcium (mg)	492.4							
Vitamin A (IU)	5003							
Sugars (g)	39	27.73%			Missing			
Vitamin C (mg)	34.10							
Protein (g)	23.89	16.91%						
Carbohydrate (g)	86.45	61.19%						
Total Fat (g)	15.58	24.81%	<=30.00%					
Saturated Fat (g)	4.20	6.69%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

May 27, 2024 thru May 31, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/27/2024																
ELEMENTARY LUNCH, CH HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/28/2024																
ELEMENTARY LUNCH, CH	Total	7000														
Hamburger w/Wheat Bun-2014 EL	1 EACH	3000	271	38	590	3.40	3.20	91.0	34	0.0	4	20.6	32.0	8.8	3.00	0.00
YOGURT, Hollan, Ras, w/crack-2017	SERVING	1000	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT, HollanPeachw/crack-2017	SERVING	1000	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT, Strawberry W/Crack-2017	SERVING	1000	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT, Strw-Ban, W/Crack-2017	SERVING	1000	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
BARBECUE BEANS -2012	1/2 CUP	2000	194	0	782	6.77	2.06	63.3	306	1.51	*9	8.04	45.49	0.63	0.12	*0.00
SALAD 3/WAY, '23	servings	5500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
APPLES, Fresh	1 EACH	5500	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Pears, In Extra Light Syrup	serving	3000	60	0	5	2.00	0.00	0.0	60	1.2	12	0.0	16.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
CATSUP	1 oz	3000	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	6000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			653	29	1032	9.39	5.17	503.1	4538	10.48	*63	26.22	117.71	12.63	3.54	*0.00
Nutrient Guideline			550-650		1230						*38.4%	16.1%	72.1%	17.4%	4.9%	*0.0%

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Rialto Unified School District

May 27, 2024 thru May 31, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/29/2024																
ELEMENTARY LUNCH, CH	Total	7000														
Chicken, Tangerine-2014	SERV	5000	190	45	380	2.00	1.44	0.0	65	0.0	13	14.0	25.0	4.0	1.00	0.00
Noodles, Chow Mein '23	1/2 Cup	5000	108	1	554	2.49	0.93	24.6	18	9.09	*2	3.69	17.97	3.14	0.50	*0.00
YOGURT, Hollan, Ras, w/crack-2017	1 each	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT, Hollan Peachw/crack-2017	1 each	500	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT, Strawberry W/Crack-2017	1 each	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT, Strw-Ban, W/Crack-2017	1 each	500	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	5000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
JICAMA STICKS	Serving	5000	25	0	0	3.00	0.36	0.0	5	12.0	1	0.0	6.0	0.0	0.00	0.00
BANANAS	1 EACH	5000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	5000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			564	44	991	8.60	3.96	392.8	3447	25.07	*48	25.76	94.72	11.76	2.84	*0.00
% of Calories											*34.0%	18.3%	67.2%	18.8%	4.5%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 05/30/2024																
ELEMENTARY LUNCH, CH	Total	9000														
PIZZA, DOMINOS 14" WG Pep, slic e'24	total serving	7000	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
YOGURT, Hollan, Ras, w/crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
YOGURT, Hollan Peachw/crack-2017	SERVING	500	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00
YOGURT, Strawberry W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
YOGURT, Strw-Ban, W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00
SALAD 3/WAY, '23	servings	8000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
Carrot Nibblets 2022	1/2 Cup	6000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
GRAPES, Fresh	serving	1	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
DRESSING, RANCH 1oz. '23	ounces	8000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	8000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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May 27, 2024 thru May 31, 2024

ELEMENTARY LUNCH, CHOICES

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Weighted Daily Average			494	23	793	5.44	3.26	592.1	10874	11.19	31	24.35	70.95	14.50	4.20	*0.00
% of Calories											25.1%	19.7%	57.5%	26.4%	7.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 05/31/2024																
ELEMENTARY LUNCH, CH HOLIDAY																
	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			570	32	939	7.81	4.13	496.0	6286	15.58	*47	25.44	94.46	12.96	3.53	*0.00
											*74.5%	17.9%	66.3%	20.5%	5.6%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	570		550 - 650	100%				
Cholesterol (mg)	32							
Sodium 1 (mg)	939		1230	76%				
Sodium 1a (mg)	939		1110	85%				
Fiber (g)	7.81							
Iron (mg)	4.13							
Calcium (mg)	496.0							
Vitamin A (IU)	6286							
Sugars (g)	47	33.12%			Missing			
Vitamin C (mg)	15.58							
Protein (g)	25.44	17.85%						
Carbohydrate (g)	94.46	66.28%						
Total Fat (g)	12.96	20.46%	<=30.00%					
Saturated Fat (g)	3.53	5.57%	<10.00%					
Trans Fat' (g)	0.00	0.00%			Missing			

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