

Rialto Unified School District

Oct 17, 2022 thru Oct 21, 2022

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Mon - 10/17/2022																
High School Lunch	Total	5970														
QUESADILLA,spicy chd-mozz,2018	1 EACH	1900	285	2	322	4.01	2.36	188.2	223	4.51	*1	7.54	42.65	9.89	1.90	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1500	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1600	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	servng	700	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	700	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	900	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
Wrap, CRUNCHY CHICKEN 2017	1 EACH	900	421	50	943	5.34	3.17	202.4	2939	19.9	*5	17.44	51.92	17.81	3.94	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			756	60	1300	5648.9	4.90	538.8	4725	38.13	*34	37.05	106.36	22.31	5.46	*0.02
% of Calories											*17.9%	19.6%	56.3%	26.6%	6.5%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Oct 17, 2022 thru Oct 21, 2022

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/18/2022																
High School Lunch	Total	5970														
Spagh.w/Meat &Noodle-Roll-2020	3/4 CUP	1000	384	47	928	8.21	5.25	97.1	611	10.57	*6	24.46	54.28	9.94	2.97	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1200	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1000	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	900	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	800	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
Burrito Chicken Grande 2017	1 each	900	515	55	550	8.55	4.33	275.3	191	2.22	*2	25.83	69.22	16.18	5.24	*0.00
Chef Salad 2017	1 EACH	900	496	135	951	4.26	1.64	196.4	1437	8.97	*18	18.15	48.11	27.62	7.15	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	300	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			756	80	1295	5649.1	4.99	490.2	4623	39.10	*36	37.86	107.86	21.59	5.32	*0.02
% of Calories											*19.2%	20.0%	57.1%	25.7%	6.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/19/2022																
High School Lunch	Total	5970														
BURRITO,WET TKY COMBO-2021	SERVING	1900	465	33	907	11.81	*3.70	*351.5	*1087	*1.58	*4	23.86	60.29	14.83	4.92	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	800	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	800	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
spicy chicken/tapatio salad	1 EACH	800	410	51	868	6.24	3.38	55.1	1656	11.72	*10	22.4	43.32	18.27	2.72	*0.01
Carrot Nibbls MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			771	65	1397	5650.8	*4.95	*546.0	*4743	*34.49	*34	39.80	106.49	22.52	5.76	*0.02
% of Calories											*17.9%	20.7%	55.3%	26.3%	6.7%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Thu - 10/20/2022																
High School Lunch	Total	5970														
GRAVY, TURKEY, L/F#2 HS-2017	1 each	1900	340	27	1035	4.34	3.04	116.6	204	1.72	*5	21.33	46.26	10.0	1.73	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand, Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	900	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
Burrito Chicken Grande 2017	1 each	900	515	55	550	8.55	4.33	275.3	191	2.22	*2	25.83	69.22	16.18	5.24	*0.00
Wrap, CRUNCHY CHICKEN 2017	1 EACH	900	421	50	943	5.34	3.17	202.4	2939	19.9	*5	17.44	51.92	17.81	3.94	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	300	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES, Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS, ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF, Season. spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	1122.2	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			810	70	1511	5649.5	5.44	514.1	4844	39.80	*35	41.58	117.07	22.20	4.88	*0.02
% of Calories											*17.3%	20.5%	57.8%	24.7%	5.4%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Oct 17, 2022 thru Oct 21, 2022

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/21/2022																
High School Lunch	Total	5970														
Grilled Cheese, Integrated2020	1 EACH	1950	245	24	479	3.00	1.64	362.2	393	0.0	5	15.03	30.11	7.83	4.25	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	servicing	1000	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	1 EACH	900	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
spicy chicken/tapatío salad	1 EACH	900	410	51	868	6.24	3.38	55.1	1656	11.72	*10	22.4	43.32	18.27	2.72	*0.01
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
Chips, Dorito Baked, Cool Ranc	bag	50	170	0	280	2.00	0.72	60.0	0	0.0	*N/A*	3.0	30.0	5.0	1.00	*N/A*
Chips, Dorito, Nacho cheese	bag	50	170	0	310	2.00	0.72	60.0	100	0.0	*N/A*	3.0	29.0	5.0	1.00	0.00
CHIPS, CHEETOS, FNTSTX,CH IL1oz	BAG 1oz	50	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES, Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS, ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF, Season. spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatío 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			745	67	1346	5648.5	4.57	563.8	4853	35.42	*35	38.98	102.55	21.84	5.90	*0.02
% of Calories											*19.0%	20.9%	55.1%	26.4%	7.1%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	
Weighted Average			767	68	1370	5649.4	*4.97	*530.6	*4757	*37.39	*35	39.05	108.07	22.09	5.46	*0.02
											*41.1%	20.4%	56.3%	25.9%	6.4%	*0.0%

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Rialto Unified School District

Oct 17, 2022 thru Oct 21, 2022

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	767		750 - 850	100%				
Cholesterol (mg)	68							
Sodium (mg)	1370		1420					
Fiber (g)	5649.40							
Iron (mg)	4.97				Missing			
Calcium (mg)	530.6				Missing			
Vitamin A (IU)	4757				Missing			
Sugars (g)	35	18.26%			Missing			
Vitamin C (mg)	37.39				Missing			
Protein (g)	39.05	20.36%						
Carbohydrate (g)	108.07	56.33%						
Total Fat (g)	22.09	25.91%	<=30.00%					
Saturated Fat (g)	5.46	6.41%	<10.00%					
Trans Fat ¹ (g)	0.02	0.02%			Missing			

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Rialto Unified School District

Oct 24, 2022 thru Oct 28, 2022

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Mon - 10/24/2022																
High School Lunch	Total	5970														
TACO Walkin, Beef, - '22	1.5 oz	1900	384	32	693	4.42	2.32	75.1	796	6.24	*3	13.78	30.47	22.76	5.23	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand, Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	*0.00
Chicken, teriyaki, Fried R.2017	servicing	900	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	900	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
Wrap, CRUNCHY CHICKEN 2017	1 EACH	900	421	50	943	5.34	3.17	202.4	2939	19.9	*5	17.44	51.92	17.81	3.94	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES, Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS, ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF, Season. spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, N F Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			781	68	1399	5648.7	4.70	489.7	5070	39.93	*34	37.28	103.02	26.14	6.30	*0.02
% of Calories											*17.6%	19.1%	52.7%	30.1%	7.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Oct 24, 2022 thru Oct 28, 2022

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/25/2022																
High School Lunch	Total	5970														
HAMBURGER, BBQ '22	1 EACH	1950	287	35	742	4.42	3.67	105.9	106	0.79	*5	21.96	35.08	8.51	2.95	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand, Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	1000	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	900	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
spicy chicken/tapatío salad	1 EACH	900	410	51	868	6.24	3.38	55.1	1656	11.72	*10	22.4	43.32	18.27	2.72	*0.01
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
Chips, Dorito Baked, Cool Ranc	bag	50	170	0	280	2.00	0.72	60.0	0	0.0	*N/A*	3.0	30.0	5.0	1.00	*N/A*
Chips, Dorito, Nacho cheese	bag	50	170	0	310	2.00	0.72	60.0	100	0.0	*N/A*	3.0	29.0	5.0	1.00	0.00
CHIPS, CHEETOS, FNTSTX, CH	BAG 1oz	50	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
IL1oz																
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES, Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS, ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF, Season. spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatío 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			758	70	1432	5648.9	5.24	480.1	4759	35.68	*35	41.24	104.18	22.07	5.47	*0.02
% of Calories											*18.6%	21.8%	54.9%	26.2%	6.5%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Rialto Unified School District

Oct 24, 2022 thru Oct 28, 2022

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/26/2022																
High School Lunch	Total	5970														
Popcorn Chix Bow-Wh.Grain 2021	Serving	1900	385	47	814	5.82	1.97	211.9	159	2.31	6	21.53	49.22	13.54	2.13	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	800	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
Burrito Chicken Grande 2017	1 each	800	515	55	550	8.55	4.33	275.3	191	2.22	*2	25.83	69.22	16.18	5.24	*0.00
Chef Salad 2017	1 EACH	800	496	135	951	4.26	1.64	196.4	1437	8.97	*18	18.15	48.11	27.62	7.15	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	300	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			800	84	1382	5649.5	4.64	533.2	4389	37.39	*37	40.28	112.92	23.49	5.20	*0.02
% of Calories											*18.3%	20.1%	56.5%	26.4%	5.9%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Oct 24, 2022 thru Oct 28, 2022

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/27/2022																
High School Lunch	Total	5970														
ITALIAN PASTA BAKE 2021	servings	1900	237	35	680	8.89	3.06	149.6	735	11.2	*5	15.87	26.75	7.34	3.08	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	servings	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	1 EACH	800	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Wrap, CRUNCHY CHICKEN 2017	1 EACH	800	421	50	943	5.34	3.17	202.4	2939	19.9	*5	17.44	51.92	17.81	3.94	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			714	67	1352	5649.9	4.81	502.9	4890	40.71	*35	36.95	99.34	20.42	5.37	*0.02
% of Calories											*19.5%	20.7%	55.7%	25.8%	6.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Oct 24, 2022 thru Oct 28, 2022

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/28/2022																
High School Lunch	Total	5970														
CHICKEN FAJITA / W/RICE 2022	SERVING	1900	356	40	609	7.21	4.94	109.3	718	2.89	*0	20.61	51.52	7.74	1.17	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	800	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
Burrito Chicken Grande 2017	1 each	800	515	55	550	8.55	4.33	275.3	191	2.22	*2	25.83	69.22	16.18	5.24	*0.00
Chef Salad 2017	1 EACH	800	496	135	951	4.26	1.64	196.4	1437	8.97	*18	18.15	48.11	27.62	7.15	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	300	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			791	82	1317	5649.9	5.59	500.6	4567	37.57	*35	39.98	113.65	21.65	4.90	*0.02
% of Calories											*17.6%	20.2%	57.5%	24.6%	5.6%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			769	74	1377	5649.4	5.00	501.3	4735	38.26	*35	39.15	106.62	22.75	5.45	*0.02
											*41.2%	20.4%	55.5%	26.6%	6.4%	*0.0%

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Rialto Unified School District

Oct 24, 2022 thru Oct 28, 2022

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	769		750 - 850	100%				
Cholesterol (mg)	74							
Sodium (mg)	1377		1420					
Fiber (g)	5649.43							
Iron (mg)	5.00							
Calcium (mg)	501.3							
Vitamin A (IU)	4735							
Sugars (g)	35	18.30%			Missing			
Vitamin C (mg)	38.26							
Protein (g)	39.15	20.37%						
Carbohydrate (g)	106.62	55.47%						
Total Fat (g)	22.75	26.64%	<=30.00%					
Saturated Fat (g)	5.45	6.38%	<10.00%					
Trans Fat ¹ (g)	0.02	0.02%			Missing			

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Rialto Unified School District

Oct 31, 2022 thru Oct 31, 2022

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/31/2022																
High School Lunch	Total	5970														
CHICKEN,BBQ SAND 2021	1 EACH	1200	348	55	1112	3.51	2.52	98.7	142	0.34	22	25.47	53.12	4.86	0.52	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	600	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Burrito Chicken GrandeO&C2017	1 each	300	606	60	724	13.06	6.46	339.5	4135	35.74	*10	26.27	88.12	19.71	5.82	*0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	270	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
Pull Apart Bread 2020	Serving	1500	290	30	629	0.00	9.71	243.0	136	0.48	1	14.99	28.97	13.99	5.00	0.00
ENERGY BOX HIGH SCHOOL 2017	1 EACH	200	666	27	968	7.85	3.15	279.9	1152	11.89	*16	18.93	65.18	40.5	9.87	*0.05
POTATO FROZEN,FRNCH-2021	SERVING	450	120	0	40	1.00	0.72	0.0	0	0.0	0	2.0	20.0	3.5	0.50	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES,FRESH	1 EACH	500	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS,FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
FRUIT CUP, FRESH 2012	SERVING	400	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	250	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	200	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatío 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			569	50	1086	5645.2	5.60	461.2	2620	36.28	*32	30.76	81.16	15.92	4.15	*0.02
% of Calories											*22.4%	21.6%	57.0%	25.2%	6.6%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			569	50	1086	5645.2	5.60	461.2	2620	36.28	*32	30.76	81.16	15.92	4.15	*0.02
											*50.4%	21.6%	57.0%	25.2%	6.6%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Oct 31, 2022 thru Oct 31, 2022

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*									
Calories	569		750 - 850														
Cholesterol (mg)	50																
Sodium (mg)	1086		1420														
Fiber (g)	5645.29																
Iron (mg)	5.60																
Calcium (mg)	461.2																
Vitamin A (IU)	2620																
Sugars (g)	32	22.40%			Missing												
Vitamin C (mg)	36.28																
Protein (g)	30.76	21.61%															
Carbohydrate (g)	81.16	57.02%															
Total Fat (g)	15.92	25.16%	<=30.00%														
Saturated Fat (g)	4.15	6.56%	<10.00%														
Trans Fat ¹ (g)	0.02	0.03%			Missing												

*Data comparisons are not available for one or two day selections

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- * - denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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