



All students will be offered 5 components at lunch: meat/protein, bread/grain, fruit, vegetables, and milk. Students must select a ½ cup serving of fruit or vegetable and two other components for lunch. Students may take all 5 components.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>1</b>  <b>Pepperoni Pizza</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Fresh Broccoli                      Bananas                      Applesauce                      Ranch Dressing</p>	<p><b>2</b>  <b>Chicken Sandwich</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Sliced Cucumbers                      Grapes                      Pears                      Ranch Dressing                      Catsup</p>	<p><b>3</b>  <b>Red Turkey Pozole w/Tortilla Chips</b>                      Yogurt &amp; Graham Crackers                      Shredded Cabbage                      Lemon Wedges                      Jicama Sticks                      Mixed Fruit</p>	<p><b>4</b>  <b>Mac &amp; Cheese w/Roll</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Steamed Broccoli                      Apples                      Peaches                      Ranch Dressing</p>
<p><b>7</b>  <b>Fish Sticks</b>                      Yogurt &amp; Graham Crackers                      French Fries                      Carrot Sticks                      Apples                      Apricot Cups                      Ranch Dressing                      Catsup</p>	<p><b>8</b>  <b>Bean &amp; Cheese Pupas</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Cucumbers Coins                      Pineapple Spears                      Fuji Apples                      Ranch Dressing                      Salsa</p>	<p><b>9</b>  <b>Orange Chicken w/Chow Mein</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Fresh Broccoli                      Grapes                      Ranch Dressing</p>	<p><b>10</b>  <b>Green Chili Chicken Enchilada Casserole</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Seasoned Beans                      Mixed Fruit                      Blueberries                      Ranch Dressing                      Salsa</p>	<p><b>11</b>  <b>Cheesy Penne w/Alfredo &amp; Breadstick</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Jicama                      Peaches                      Apples                      Ranch Dressing</p>
<p><b>14</b>  <b>Cheeseburger</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      BBQ Beans                      Apples                      Peaches                      Ranch Dressing                      Catsup                      Mustard</p>	<p><b>15</b>  <b>Popcorn Chicken w/Mashed Potatoes &amp; Roll</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Steamed Corn                      Bananas                      Tangerines                      Ranch Dressing</p>	<p><b>16</b>  <b>Turkey Combo Burrito</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Sliced Cucumbers                      Pears                      Grapes                      Ranch Dressing</p>	<p><b>17</b>  <b>Domino's Cheese Pizza</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Jicama Sticks                      Strawberries                      Cool Tropics                      Ranch Dressing</p>	<p><b>18</b>  <b>Cheesy Ravioli w/Marinara &amp; Breadstick</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Carrot Sticks                      Apples                      Ranch Dressing</p>
<p><b>21</b>  <b>Walking Beef Tacos w/Cheese</b>                      Yogurt &amp; Graham Crackers                      Shredded Lettuce                      Grape Tomatoes                      Apples                      Peaches                      Salsa                      Ranch Dressing</p>	<p><b>22 EARTH DAY</b>  <b>Reptile Nuggets w/Crackers</b>                      Yogurt &amp; Graham Crackers                      BBQ Beans                      Romaine Salad                      Fresh Broccoli                      Bananas                      Applesauce                      Ranch Dressing                      Catsup</p> 	<p><b>23</b>  <b>Beef Italian Pasta Bake w/Roll</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Green Beans                      Pears                      Grapes                      Ranch Dressing</p>	<p><b>24</b>  <b>Teriyaki Chicken w/Rice</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Fresh Broccoli                      Orange Slices                      Mixed Fruit                      Ranch Dressing</p>	<p><b>25</b>  <b>Deluxe Nachos</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Carrot Sticks                      Apples                      Ranch Dressing                      Salsa</p>
<p><b>28</b>  <b>Teriyaki Beef Dippers w/Rice</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Fresh Broccoli                      Apples                      Peaches                      Ranch Dressing</p>	<p><b>29</b>  <b>Chicken Corn Dogs</b>                      Yogurt &amp; Graham Crackers                      Seasoned Black Beans                      Romaine Salad                      Applesauce                      Bananas                      Ranch Dressing                      Catsup                      Mustard</p>	<p><b>30</b>  <b>Turkey &amp; Cheese Grinders</b>                      Yogurt &amp; Graham Crackers                      Romaine Salad                      Sliced Cucumbers                      Grapes                      Pears                      Sandwich Spread                      Ranch Dressing</p>	<p><b>Beef Pork Turkey</b>  <b>Chicken Vegetarian</b>  <b>Fish</b></p> 