




All students will be offered 5 components at lunch: meat/protein, bread/grain, fruit, vegetables, and milk. Students must select a ½ cup serving of fruit or vegetable and two other components for lunch. Students may take all 5 components.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Pepperoni Pizza Yogurt & Graham Crackers Romaine Salad Fresh Broccoli Bananas Applesauce Ranch Dressing</p>	<p>2 Chicken Sandwich Yogurt & Graham Crackers Romaine Salad Sliced Cucumbers Grapes Pears Ranch Dressing Catsup</p> 	<p>3 Red Turkey Pozole w/Tortilla Chips Yogurt & Graham Crackers Shredded Cabbage Lemon Wedges Jicama Sticks Mixed Fruit</p>	<p>4 Mac & Cheese w/Roll Yogurt & Graham Crackers Romaine Salad Steamed Broccoli Apples Peaches Ranch Dressing</p>
<p>7 Fish Sticks Yogurt & Graham Crackers French Fries Carrot Sticks Apples Apricot Cups Ranch Dressing Catsup</p>	<p>8 Bean & Cheese Pupas Yogurt & Graham Crackers Romaine Salad Cucumbers Coins Pineapple Spears Fuji Apples Ranch Dressing Salsa</p>	<p>9 Orange Chicken w/Chow Mein Yogurt & Graham Crackers Romaine Salad Fresh Broccoli Grapes Ranch Dressing</p>	<p>10 Green Chili Chicken Enchilada Casserole Yogurt & Graham Crackers Romaine Salad Seasoned Beans Mixed Fruit Blueberries Ranch Dressing Salsa</p>	<p>11 Cheesy Penne w/Alfredo & Breadstick Yogurt & Graham Crackers Romaine Salad Jicama Peaches Apples Ranch Dressing</p>
<p>14 Cheeseburger Yogurt & Graham Crackers Romaine Salad BBQ Beans Apples Peaches Ranch Dressing Catsup Mustard</p>	<p>15 Popcorn Chicken w/Mashed Potatoes & Roll Yogurt & Graham Crackers Romaine Salad Steamed Corn Bananas Tangerines Ranch Dressing</p>	<p>16 Turkey Combo Burrito Yogurt & Graham Crackers Romaine Salad Sliced Cucumbers Pears Grapes Ranch Dressing</p>	<p>17 Domino's Cheese Pizza Yogurt & Graham Crackers Romaine Salad Jicama Sticks Strawberries Cool Tropics Ranch Dressing</p>	<p>18 Cheesy Ravioli w/Marinara & Breadstick Yogurt & Graham Crackers Romaine Salad Carrot Sticks Apples Ranch Dressing</p>
<p>21 Walking Beef Tacos w/Cheese Yogurt & Graham Crackers Shredded Lettuce Grape Tomatoes Apples Peaches Salsa Ranch Dressing</p>	<p>22 EARTH DAY Reptile Nuggets w/Crackers Yogurt & Graham Crackers BBQ Beans Romaine Salad Fresh Broccoli Bananas Applesauce Ranch Dressing Catsup</p> 	<p>23 Beef Italian Pasta Bake w/Roll Yogurt & Graham Crackers Romaine Salad Green Beans Pears Grapes Ranch Dressing</p>	<p>24 Teriyaki Chicken w/Rice Yogurt & Graham Crackers Romaine Salad Fresh Broccoli Orange Slices Mixed Fruit Ranch Dressing</p>	<p>25 Deluxe Nachos Yogurt & Graham Crackers Romaine Salad Carrot Sticks Apples Ranch Dressing Salsa</p>
<p>28 Teriyaki Beef Dippers w/Rice Yogurt & Graham Crackers Romaine Salad Fresh Broccoli Apples Peaches Ranch Dressing</p>	<p>29 Chicken Corn Dogs Yogurt & Graham Crackers Seasoned Black Beans Romaine Salad Applesauce Bananas Ranch Dressing Catsup Mustard</p>	<p>30 Turkey & Cheese Grinders Yogurt & Graham Crackers Romaine Salad Sliced Cucumbers Grapes Pears Sandwich Spread Ranch Dressing</p>	<p>Beef Pork Turkey Chicken Vegetarian Fish</p> 